

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>A. Head (including ENT problems)</b>		
Congenital disorders  <i>(For children see section M)</i> <b>A01</b>	MRI	Indicated [B]
Acute stroke  <i>(See also N01, N02)</i> <b>A02</b>	CT	Indicated [diagnosis B, treatment A]
	MRI	Specialised investigation [B]
	US carotids	Indicated only in specific circumstances [B]
Transient ischaemic attack (TIA)  <i>(See also B05)</i> <b>A03</b>	CT	Indicated [B]
	US carotids	Indicated [B]
Demyelinating and other white matter disease  <b>A04</b>	MRI	Indicated [A]
Space occupying lesion (SOL)  <b>A05</b>	MRI	Indicated [B]
	CT	Indicated [B]

COMMENT	DOSE
Definitive exam for all malformations. CT may be needed to define bone and skull base anomalies. Sedation or GA may be required for infants and young children.  <i>(For congenital disorders in children see M01 and M02)</i>	0
A policy of CT for most strokes as soon as reasonably possible is to be encouraged, but at least within 48 hours, as this will ensure accurate diagnosis of the cause, site, and appropriate primary treatment and secondary prevention.	II
MRI should be considered in young patients with stroke, in patients presenting late where it is essential to know whether they have previously had a haemorrhage, and in suspected posterior fossa stroke in patients in whom it is important to demonstrate the site of the stroke lesion.	0
Should only be performed in: (1) those with full recovery in whom carotid endarterectomy is contemplated for secondary prevention; (2) suspected dissection; or (3) young patients, whether disabling or non-disabling ischaemic stroke.	0
May be normal. Can detect established infarction and haemorrhage and exclude disease processes that can mimic stroke syndromes, such as glioma, extracerebral haemorrhage, and cerebritis.	II
To assess suitability for carotid endarterectomy or angioplasty. Angiography, MRA, and CTA are alternatives to show the vessels. MRI and NM can be used to show function.	0
MRI is viewed as the most sensitive and specific investigation for establishing a diagnosis of multiple sclerosis. The diagnosis is made by demonstrating dissemination of clinical events and lesions in space and time.	0
MRI is more sensitive for early tumours, in resolving exact position (useful for surgery), and for posterior fossa lesions. MRI may miss calcification.	0
CT is often sufficient in supratentorial lesions.	II

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Headache: acute, severe; subarachnoid haemorrhage (SAH)  <b>A06</b>	CT	Indicated [B]	The clinical history is critical. A clinician should be able to diagnose patients who have classical migraine or cluster headaches without CT. SAH headache comes on typically in seconds, rarely in minutes, and almost never over more than 5 minutes. CT will provide evidence of haemorrhage in up to 98% of patients with SAH if performed on a modern scanner within the first 48 hours of ictus. An LP should still be performed on all patients (delayed 12 hours after ictus for xanthochromia) with suspected SAH but with negative CT. CT is indicated in patients with acute-onset headache with focal neurological signs, nausea or vomiting, or GCS (Glasgow Coma Score) below 14. An LP is the diagnostic test of choice for meningitis unless there are focal signs or a significantly depressed level of consciousness.	II
	MRI/NM	Specialised investigation [C]	MRI is better than CT for inflammatory causes. SPECT may be the most sensitive investigation for encephalitis and can provide evidence of circulatory derangement in migraine.	0/II
Headache: chronic  (See also A13 below) (For children see section M) <b>A07</b>	CT/MRI	Indicated only in specific circumstances [C]	In the absence of focal features imaging is not usually useful. The following features significantly increase the odds of finding a major abnormality on CT or MRI: <ul style="list-style-type: none"> <li>Recent onset and rapidly increasing frequency and severity of headache</li> <li>Headache causing to wake from sleep</li> <li>Associated dizziness, lack of coordination, tingling or numbness</li> </ul> (For headache in children see M08)	II/0
	SXR, XR sinus, XR cervical spine	Indicated only in specific circumstances [B]	XR is of little use in the absence of focal signs/symptoms.	I/I/I
Pituitary and juxtaseilar problems  <b>A08</b>	MRI	Specialised investigation [B]	Urgent referral when vision is deteriorating.	0
	SXR	Not indicated [C]	Patients who require investigation need MRI or CT.	I
Posterior fossa signs <b>A09</b>	MRI	Indicated [A]	MRI is the investigation of choice. CT is often degraded by beam hardening artefacts.	0
Hydrocephalus, shunt function  (For children see section M) <b>A10</b>	CT	Indicated [B]	CT is adequate for most cases; MRI is sometimes necessary and may be more appropriate in children. US is first choice for infants.  (For hydrocephalus in children see M06)	II
	XR	Indicated [C]	If there is evidence of hydrocephalus on CT, XR can demonstrate the whole valve system.	I

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CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Middle or inner ear symptoms (including vertigo) <b>A11</b>	CT	Specialised investigation [B]
Sensorineural hearing loss <i>(For children see section M)</i> <b>A12</b>	MRI	Specialised investigation [B]
Sinus disease  <i>(For children see section M)</i> <b>A13</b>	XR sinus	Indicated only in specific circumstances [B]
	CT sinus	Specialised investigation [B]
Dementia and memory disorders, first-onset psychosis  <b>A14</b>	CT	Indicated only in specific circumstances [A]
	MRI NM	Not indicated [B]
	SXR	Not indicated [A]
Orbital lesions  <b>A15</b>	CT	Specialised investigation [A]
	XR	Not indicated [A]
Orbital lesions: trauma  <b>A16</b>	CT	Specialised investigation [A]

COMMENT	DOSE
Evaluation of these symptoms requires ENT, neurological, or neurosurgical expertise.	II
MRI is much better than CT, especially for acoustic neuromas. <i>(For hearing loss in children see M05)</i>	0
Acute sinusitis can be diagnosed and treated clinically. If it persists past 10 days on appropriate treatment, XR sinus may be required. Signs on XR sinus are often non-specific and encountered in asymptomatic individuals. <i>(For sinus disease in children see M09)</i>	I
CT is useful to demonstrate the presence and distribution of disease and sinonasal anatomy. Low-dose technique is desirable. CT is indicated for failure of maximal medical treatment, development of complications (such as orbital cellulitis), or if malignancy is suspected.	II
Yield is low, even in younger patients; neurological signs and rapid progression increase it. Over the age of 65, CT can be reserved for patients with an onset within the last year or an atypical presentation, rapid unexplained deterioration, unexplained focal neurological signs or symptoms, a recent head injury (preceding the onset of dementia), or urinary incontinence and/or gait ataxia early in illness.	II
More sophisticated examinations (MRI, SPECT) have no proven clinical value, although they may be used in research.	0 II
SXR should only ever be used to show clinically relevant abnormalities of the skull bones.	I
CT remains the investigation of choice. MRI may be of value if CT is unhelpful or gives insufficient detail. Consider US for intraocular lesions.	II
Suspected orbital lesions require specialist referral.	I
CT is indicated when orbital trauma may be combined with major facial fracture. If a less severe blowout fracture is suspected, CT is carried out only if the patient is a candidate for surgery.	II

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Orbital lesions: suspected foreign body  <b>A17</b>	CT	Specialised investigation [A]	Indicated when XR fails to show a strongly suspected foreign body which may not be metallic, when multiple foreign bodies are present, or when it is not certain whether a foreign body already demonstrated is intraocular.	II
	XR orbits	Indicated [A]	A single 'soft' lateral XR is the only projection required to exclude a metallic foreign body; eye-moving images are only for confirmation of the intraocular position of a foreign body once demonstrated. Prior to an MRI study a posteroanterior XR is adequate to exclude a significant metallic foreign body. If a foreign body is confirmed CT may be required by some specialists.	I
	US	Indicated [B]	US may be indicated for radiolucent foreign bodies or where XR is difficult.	0
Acute visual loss: visual disturbances  <b>A18</b>	SXR	Not indicated [A]	Specialists can diagnose many cases without resorting to imaging.	I
	MRI/CT	Specialised investigation [A]	MRI is preferable for suspected lesions of the optic chiasm. CT is preferable for orbital lesions.	0/II
	Cerebral angiography	Specialised investigation [A]	Specialist referral is indicated.	III
Epilepsy (adult)  <i>(For children see section M)</i>  <b>A19</b>	MRI	Specialised investigation [B]	Structural imaging is the technique of choice. Higher soft-tissue resolution and multiplanar capability give greater sensitivity and specificity for the identification of small cortical lesions. Particularly valuable in the evaluation of partial epilepsy, e.g. temporal lobe epilepsy.  <i>(For epilepsy in children see M04)</i>	0
	CT	Specialised investigation [B]	Following trauma. CT may complement MRI in the characterisation of lesions, e.g. calcification.	II
	NM	Specialised investigation [B]	Ictal SPECT or interictal PET is useful in the planning of epilepsy surgery when MRI is negative or its results conflict with EEG or neurophysiological evidence. Regional cerebral blood flow (rCBF) agents are also of value.	II

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CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
<b>B. Neck (for spine see sections C &amp; K)</b>				
<i>Soft tissues</i>				
Thyroid nodules	US	Indicated only in specific circumstances [B]	US is excellent for differentiating between thyroid and extrathyroid masses, for guiding aspiration or biopsy (particularly in difficult-to-palpate or small thyroid nodules), and for the detection of associated lymphadenopathy in thyroid malignancy. While US can be specific for malignancy, it has poor sensitivity. In generalised thyroid enlargement or multinodular goitre US readily shows retrosternal extension; real-time studies show effect of neck extension, etc. CT/MRI is needed to demonstrate full retrosternal extent and tracheal compromise. NM has no role in the initial evaluation of thyroid nodules.	0
	<b>B01</b>	US-guided FNAC/FNAC		
Thyrotoxicosis	NM	Indicated [B]	Thyroid nodules are extremely common; the majority are benign. Conventional fine-needle aspiration (FNAC) (without imaging) is the most cost-effective initial investigation.	0/0
<b>B02</b>			NM can differentiate between Graves' disease, toxic nodular goitre, and subacute thyroiditis. Provides functional information about nodules. Also useful in thyroiditis.	II
Ectopic thyroid tissue (e.g. lingual thyroid)	NM	Indicated [C]	NM excellent for small ectopic rests of thyroid tissue.	II
<b>B03</b>				
Hyperparathyroidism	US/NM/CT/MRI	Specialised investigation [C]	Seek advice. Diagnosis made on clinical/biochemical grounds. Imaging can assist in pre-operative localisation but may not be needed by experienced surgeons. Much depends on local policy and available technology and expertise. US, NM, CT, and MRI are all accurate in the un-operated neck. MRI is probably evolving as the best investigation for ectopic and residual tumours. Super-selective venography for sampling after previous imaging may be useful.	0/II/ II/0
<b>B04</b>				
Asymptomatic carotid bruit	US carotids	Indicated only in specific circumstances [B]	US not usually valuable as evidence suggests that surgery is not recommended for asymptomatic carotid stenosis.	0
<b>B05</b>				
Swallowed or inhaled foreign body	Lateral XR soft tissues of neck	Indicated only in specific circumstances [B]	The majority of foreign bodies are not seen on XR. The clinical history and findings are more accurate indicators of the presence of a foreign body. Direct examination of the oropharynx, laryngoscopy, and endoscopy are the investigations of choice.	I
<i>(See also K27–K29) (For children see section M)</i>			<i>(For swallowed or inhaled foreign body in children see M26 and M31)</i>	
<b>B06</b>				

B. Neck (for spine see sections C & K)

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Neck mass of unknown origin  <b>B07</b>	US	Indicated [C]
	CT/MRI	Indicated only in specific circumstances [C]
Salivary obstruction  <b>B08</b>	US/Sialogram	Indicated [C]
	XR	Indicated only in specific circumstances [C]
Salivary mass  <b>B09</b>	US	Indicated [B]
	MRI/CT	Specialised investigation [B]
Dry mouth: connective tissue disease <b>B10</b>	US/Sialogram/NM	Specialised investigation [C]
Temporomandibular joint dysfunction <b>B11</b>	MRI	Specialised investigation [B]

COMMENT	DOSE
First-line investigation for characterisation of neck mass. May be combined with FNAC.	0
CT/MRI may be indicated if the full extent of the lesion is not determined by US, for identifying other lesions, and for staging.	II/0
For intermittent, food-related swelling. MR sialography may be preferred in some centres.	0/II
Where there is calculus in the floor of the mouth, XR may be all that is required.	I
US is the initial investigation of choice for a suspected salivary mass; it can be combined with FNAC, if necessary. It is extremely sensitive and has high specificity.	0
Whenever deep lobe involvement or extension into deep spaces is suspected, MRI or CT should be carried out.	0/II
Not commonly required. Sialogram may be diagnostic, but NM provides better functional assessment. MR sialography is also used here.	0/II/II
XRs do not often add information as the majority of temporomandibular joint problems are due to soft tissue dysfunction (usually subluxation of the intra-articular disk) rather than bony changes, which appear late and are often absent in the acute phase.	0

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<b>C. Spine (for trauma see section K)</b>		
<i>General</i>		
Congenital disorders  <i>(For children see section M)</i> C01	MRI	Indicated [B]
	XR	Specialised investigation [C]
Myelopathy: tumours, inflammation, infection, infarction, etc.  C02	MRI	Indicated [B]
	CT/CTM	Specialised investigation [B]
	NM	Specialised investigation [B]
<i>Cervical spine</i>		
Possible atlanto-axial subluxation  C03	XR	Indicated [B]
	MRI	Specialised investigation [B]
Neck pain, brachialgia, degenerative change  C04	XR	Indicated only in specific circumstances [B]
	MRI	Specialised investigation [B]
<i>Thoracic spine</i>		
Pain without trauma: degenerative disease  C05	XR	Indicated only in specific circumstances [C]
	MRI	Specialised investigation [C]

COMMENT	DOSE
MRI defines all spinal malformations and excludes associated thecal abnormality. CT may be needed to delineate bone detail. Sedation or GA may be required for infants and young children. <i>(For congenital disorders in children see M01, M02)</i>	0
E.g. full-length standing XR for scoliosis. <i>(For congenital disorders in children see M01, M02)</i>	I
MRI is the initial investigation of choice for all spinal cord lesions, to evaluate cord compression and to give an indication of post-operative prognosis.	0
CT may be needed if better bony detail is required. CT myelography (CTM) only if MRI is unavailable or impossible.	II/II
NM is still widely used to screen for metastases and to identify focal skeletal lesions (such as osteoid osteoma).	II
A single lateral cervical spine XR with the patient in supervised comfortable flexion should reveal any significant subluxation in patients with rheumatoid arthritis, Down's syndrome, etc.	I
MRI in flexion/extension shows effect on cord when XR is positive or neurological signs are present.	0
Neck pain generally improves or resolves with conservative treatment. Degenerative changes begin in early middle age and are often unrelated to symptoms.	I
Consider MRI and specialist referral when pain affects lifestyle or when there are neurological signs. CT myelography may occasionally be required to provide further delineation or when MRI is unavailable or impossible.	0
Degenerative changes are invariably present from middle age onwards. Imaging is rarely useful in the absence of neurological signs or pointers to metastases or infection. Consider more urgent referral in elderly patients with sudden pain to show osteoporotic collapse or other forms of bone destruction. Consider NM for possible metastatic lesions.	I
MRI may be indicated if local pain persists or is difficult to manage, or if there are long tract signs.	0

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
<p><b>Lumbar spine</b></p> <p>Chronic back pain with no pointers to infection or neoplasm</p> <p style="text-align: right;">C06</p>	XR	Indicated only in specific circumstances [C]	Degenerative changes are common and non-specific. Main value of XR is in younger patients (e.g. < 20 years) with spondylolisthesis, ankylosing spondylitis, etc., or in older patients (e.g. > 55 years). In cases where management is difficult, negative findings may be helpful.	II
	MRI	Specialised investigation [C]	When symptoms persist or are severe or where management is difficult, MRI is considered the first-choice investigation. Imaging findings need to be interpreted with caution because many imaging 'abnormalities' occur with high frequency in asymptomatic individuals and therefore have an uncertain relationship with back pain. The significance of imaging findings depends upon correlation with clinical signs. Negative findings may be helpful.	0
<p>Back pain with possible serious features such as:</p> <ul style="list-style-type: none"> <li>• Onset at &lt; 20 or &gt; 55 years</li> <li>• Sphincter or gait disturbance</li> <li>• Saddle anaesthesia</li> <li>• Severe or progressive motor loss</li> <li>• Widespread neurological deficit</li> <li>• Previous carcinoma</li> <li>• Systemic unwellness</li> <li>• HIV</li> <li>• Weight loss</li> <li>• Intravenous drug abuse</li> <li>• Steroids</li> <li>• Structural deformity</li> <li>• Non-mechanical pain</li> </ul> <p>(For children see section M)</p> <p style="text-align: right;">C07</p>	MRI	Indicated [B]	Together with urgent specialist referral, MRI is usually the best investigation. Imaging should not delay specialist referral.	0
	NM	Indicated [B]	(For back pain in children see M11)	NM is also widely used for possible bone destruction due to metastases, where infection is suspected, or in some cases of chronic pain.
<p>Acute back pain: disk herniation; sciatica with no adverse features</p> <p>(For children see section M)</p> <p style="text-align: right;">C08</p>	XR	Indicated only in specific circumstances [C]	Acute back pain is usually due to conditions that cannot be diagnosed on XR (osteoporotic collapse is an exception).	II
	MRI/CT	Specialised investigation [B]	'Normal' plain XR may be falsely reassuring. (For acute back pain in children see M11)	Demonstration of disk herniation requires MRI or CT and should be considered after failed conservative management. MRI is generally preferred (wider field of view visualising the conus, post-operative changes, etc.). Clinico-radiological correlation is important as a significant number of disk herniations are asymptomatic.
			(For acute back pain in children see M11)	

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
<b>D. Musculoskeletal system</b>				
Osteomyelitis	XR	Indicated [C]	Initial investigation.	I
	MRI	Specialised investigation [C]	MRI accurately demonstrates infection, especially in the spine.	0
	CT	Specialised investigation [C]	CT is valuable for demonstration of sequestra.	II
	US	Indicated [C]	US may be valuable in acute osteomyelitis to demonstrate subperiosteal abscess, but there is a high false negative rate.	0
	NM	Specialised investigation [C]	The two- or three-phase skeletal scintigram is more sensitive than XR in detecting suspected focal osteomyelitis. If osteomyelitis is suspected but there are no localising signs or symptoms, a skeletal scintigram is useful. Findings on a skeletal scintigram are not specific and further specialist NM imaging with alternative agents may be required.  White cells: the use of Tc-99m-HMPAO or In-111-labelled white cells may be useful in confirming infection in bone or joint. False negative results may be encountered in the spine.	II-III
<b>D01</b>				
Primary bone tumour	XR	Indicated [B]	XR should be carried out where there is bone pain that is not resolving.	I
	MRI	Specialised investigation [B]	If the XR appearances are suggestive of primary bone tumour, referral to a specialist centre should not be delayed.  MRI is the investigation of choice for local staging.	0
	NM	Indicated [B]	If the XR appearances are suggestive of primary bone tumour, the acquisition of skeletal scintigraphy should not delay referral to a specialist centre. The scintigram may overestimate local tumour extent. The role of FDG-PET remains to be clarified.	II
	CT	Specialised investigation [B]	CT may improve diagnostic information in some tumours, such as osteoid osteoma, and demonstrate intratumoral calcification and ossification.  CT-guided biopsy of primary bone tumours should be carried out in specialised bone tumour centres where histological expertise and knowledge of surgical approach is available.	II
	US	Specialised investigation [B]	US-guided biopsy of certain superficial primary bone tumours should be carried out in specialised bone tumour centres where histological expertise and knowledge of surgical approach is available.	0
(See also L44, L45) <b>D02</b>				

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Known primary tumour, skeletal metastases	MRI	Indicated [B]	More sensitive and specific than NM, MRI is the primary investigation of choice, particularly in the axial skeleton. May underestimate some peripheral lesions.	0
	NM	Indicated [B]	A sensitive test, but correlative imaging is required to increase specificity.  NM is useful for assessing the presence and extent of skeletal metastases in patients with known primary cancers. The skeletal scintigram is insensitive in assessing the extent of myeloma. It may also be used to assess response to treatment, although the flare phenomenon may suggest disease progression if performed too soon after systemic therapy. It is usually only appropriate to repeat a skeletal scintigram within 6 months if there are new symptoms.	II
	D03 XR skeletal survey	Not indicated [B]	XRs are indicated only for specific focal symptomatic areas or for correlation with a NM examination.	II
Soft tissue mass tumour	MRI	Indicated [B]	Provides best local staging and can provide a tissue diagnosis in a proportion of patients.	0
	D04 US	Indicated [C]	US can answer specific questions (e.g. cystic/solid) and can monitor progress of benign masses such as haematomas.	0
Bone pain	XR	Indicated [C]	Local view of the symptomatic area.	I
	MRI	Indicated [C]	MRI is appropriate if pain persists with normal XR or apparently normal NM. If pain is diffuse, MRI is not always practicable (depends on the technical capabilities of the MRI unit). MRI may also provide further information when XR and/or NM findings are abnormal.	0
	NM	Indicated [C]	If pain persists with normal XR or equivocal and abnormal XR in specific circumstances (e.g. suspected osteoid osteoma, osteomyelitis, or metastases).	II
	D05 CT	Specialised investigation [C]	To define bony anatomy in areas of abnormality on XR/MRI/NM, especially if bone biopsy is indicated.	II
Myeloma	MRI	Specialised investigation [B]	Sensitive, limited to spine, pelvis, and proximal femora. Particularly useful in non-secretory myeloma or in the presence of diffuse osteopenia. Can be used for tumour mass assessment and follow-up.	0
	XR skeletal survey	Indicated [C]	For staging and identifying lesions which may benefit from radiotherapy. Survey can be limited to specific areas for follow-up.	I-II
	D06 NM	Not indicated [B]	Skeletal scintigraphy is often negative and underestimates disease extent; consider bone marrow studies.	II



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Shoulder impingement syndrome  <b>D13</b>	XR	Indicated only in specific circumstances [B]	Pre-operative investigation.	I
	MRI	Specialised investigation [B]	Has value in the demonstration both of bursal inflammatory change and the aetiology of associated abnormalities. Dynamic MRI or MRI in the abducted position may be of diagnostic value in subacromial impingement syndrome.	0
	US	Specialised investigation [B]	Clinical diagnosis can be aided by US findings.	0
Shoulder instability  <b>D14</b>	CT/MRI	Specialised investigation [B]	Glenoid labrum and synovial cavity are well delineated by both techniques. Some gradient echo MRI techniques can show labrum well without arthrography. Arthrography (with or without CT), US, and MRI may all be used in the diagnosis.	II/0
Rotator cuff tear  <b>D15</b>	Arthrography/US/MRI	Specialised investigation [C]	MRI has the advantage of providing a global assessment of structures around the shoulder and when combined with arthrography has the highest accuracy.  US valuable for demonstrating complete tears.	I/0/0  I
Sacroiliac joint lesion  <b>D16</b>	XR sacroiliac joints	Indicated [B]	May help in investigation of sero-negative arthropathy. Sacroiliac joints are usually adequately demonstrated on AP XR lumbar spine or pelvis.	I
	MRI/CT/NM	Specialised investigation [C]	MRI or CT or perhaps NM when XR is equivocal; MRI can detect earlier than XR. Dynamic contrast enhancement may be useful. MRI is particularly useful in children and adolescents.	0/II/II
Hip pain: full or limited movement  <i>(For children see section M)</i> <b>D17</b>	XR pelvis	Indicated only in specific circumstances [C]	XR and MRI only if symptoms and signs persist or there is a complex history.	I
	MRI	Indicated only in specific circumstances [C]	MRI is useful to demonstrate inflammation and MR arthrography for evaluation of acetabular labral tears or loose bodies. Intra-articular local anaesthetic injections have still to be evaluated properly.	0
	NM	Not indicated initially [B]	May be helpful if XR is normal. <b><i>This recommendation does not apply to children. (For hip pain in children see M18, M21)</i></b>	II
Hip pain: avascular necrosis  <b>D18</b>	XR pelvis	Indicated [B]	Abnormal in established disease.	I
	MRI	Indicated [B]	MRI is the most sensitive in the detection of early avascular necrosis and will demonstrate its extent.	0
	NM/CT	Specialised investigation [B]	The use of pinhole collimator or SPECT is important.	II/II
				I

**D. Musculoskeletal system**

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Knee pain without locking or restriction of movement D19	XR	Indicated only in specific circumstances [C]
Knee pain with locking D20	XR	Indicated [C]
Knee pain D21	MRI	Specialised investigation [B]
Painful prosthesis D22	XR	Indicated [B]
	NM	Indicated [B]
	Arthrography (aspiration/biopsy)	Specialised investigation [B]
	US	Specialised investigation [C]
Hallux valgus D23	XR	Indicated only in specific circumstances [C]
Heel pain: plantar fasciitis or calcaneal spur D24	NM/US/MRI	Indicated only in specific circumstances [B]

COMMENT	DOSE
Symptoms frequently arise from soft tissues and these will not be demonstrated on XR. Osteoarthritis changes are common. XR is needed when considering surgery.	I
To identify radio-opaque loose bodies.	0
MRI is only appropriate where there is a specific clinical management decision, e.g. arthroscopy being considered. MRI may also be required in defining the extent of rheumatological disorders, e.g. rheumatoid arthritis. Even in patients with definite clinical abnormalities warranting intervention, some surgeons find pre-operative MRI helpful in identifying unsuspected lesions.	I
XR is useful to detect established loosening.	II-III
Two- to three-phase skeletal scintigraphy is useful for diagnosing and differentiating infection and loosening. A normal NM study excludes most late complications. Further specialised NM studies can help distinguish loosening from infection.  It may be difficult to differentiate post-surgical changes from pathology in the early stages. If infection is suspected, further, more specific imaging may be required. Combined leukocyte and marrow imaging is currently the technique of choice for peri-prosthetic infection.	II
Aspiration in conjunction with arthrography is useful when findings are equivocal, when there is a high clinical suspicion of infection, or when a cause of pain is not established.	0
Accurate for detection of peri-prosthetic abscess or superficial infection.	I
Useful for assessment before surgery.	II/0/0
Calcaneal spurs are common incidental findings. The cause of pain is rarely detectable on XR. Other imaging, NM, US, and MRI, are more sensitive in showing inflammatory change and should be used selectively. The majority of patients should be managed on the basis of clinical findings without imaging.	0

D. Musculoskeletal system

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
<b>E. Cardiovascular system</b>				
Acute central chest pain: myocardial infarction <b>E01</b>	CXR	Indicated [B]	CXR must not delay admission to a specialised unit. CXR can assess heart size, pulmonary oedema, tumour, etc., and can exclude other causes. Departmental radiograph preferable.	I
Chronic ischaemic heart disease and assessment after myocardial infarction <b>E02</b>	CXR	Indicated only in specific circumstances [B]	May be helpful only if signs or symptoms have changed, when comparison with the CXR obtained at presentation.	I
	NM (myocardial perfusion imaging)	Indicated [B]	Appropriate method of determining prognosis/diagnosis, ischaemic burden, and specific ischaemic zone. Either pharmaceutical or exercise stress can be used in conjunction with isotopes. Tl-201 imparts a higher radiation burden but may be a better prognostic/viability agent. Tc-99m has a higher energy and allows concomitant assessment of LV contraction to be made via gated imaging. Particular uses are: <ul style="list-style-type: none"> <li>• Prognostic assessment</li> <li>• Diagnosis in atypical or asymptomatic individuals</li> <li>• Assessing patients for revascularisation strategies</li> <li>• Risk stratification prior to non-cardiac surgery</li> </ul>	II
	Angiography	Indicated [B]	Only technique currently available for detailed assessment of coronary artery anatomy. Essential prerequisite for interventional strategies and sometimes to establish diagnosis.	III
	MRI	Specialised investigation [B]	The role of MRI perfusion is still to be evaluated.	0
	NM (radionuclide angiography: MUGA or ERNVG)	Specialised investigation [B]	Can assess both LV and RV function after myocardial infarction. Echocardiography is the preferred technique for assessment of LV contraction, etc.	III
	US echo-cardiography	Indicated [A]	Allows assessment of residual LV contraction, valves, and complications such as myocardial rupture. Can easily be used sequentially, particularly if haemodynamic clinical deterioration is noted.	0





CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Abdominal aortic aneurysm  (See also N05) <b>E12</b>	US	Indicated [A]	Useful in diagnosis, determination of maximal diameter, and follow-up. CT preferable for suspected leak but should not delay urgent surgery.	0
	CT/MRI	Indicated [A]	CT (especially spiral) and MRI for relationship to renal and iliac vessels. There is increasing demand for detailed anatomical information because of increasing consideration of percutaneous stenting.	III/0
Deep vein thrombosis  <b>E13</b>	US	Indicated [A]	More sensitive with colour flow Doppler. Most clinically significant thrombi are detected. There is increasing experience with US for calf vein thrombi. May show other lesions.	0
	Venography	Indicated only in specific circumstances [B]	Extensive variation according to US expertise and local therapeutic strategy.	II
Ischaemic leg  (See also N06–N09) <b>E14</b>	Angiography	Specialised investigation [A]	Local policy needs to be determined in agreement with vascular surgeons, especially with regard to therapeutic interventions. US used in some centres as first investigation.	III
	CTA/MRA	Specialised investigation [C]	CTA and MRA are increasingly used for diagnosis.	III/0
Ischaemic upper limb  <b>E15</b>	Angiography	Specialised investigation [B]	Local policy needs to be determined in agreement with vascular surgeons, especially with regard to therapeutic intervention.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>F. Thoracic system</b>		
Non-specific chest pain F01	CXR	Not indicated initially [C]
Minor chest trauma (See also K30) F02	CXR	Indicated only in specific circumstances [C]
Pre-employment or screening medicals F03	CXR	Indicated only in specific circumstances [B]
Routine pre-operative CXR F04	CXR	Not indicated [A]
Upper respiratory tract infection F05	CXR	Not indicated [C]
Acute exacerbation of asthma F06	CXR	Indicated only in specific circumstances [B]
Acute exacerbation of COPD F07	CXR	Indicated only in specific circumstances [B]
Pneumonia (For children see section M) F08	CXR	Indicated [C]
Pneumonia: follow-up (For children see section M) F09	CXR	Indicated only in specific circumstances [B]

COMMENT	DOSE
Conditions such as Tietze's disease show no abnormality on CXR. Main purpose is reassurance.	I
Showing a rib fracture does not alter management.	I
Not justified except in a few high-risk categories (e.g. at-risk immigrants with no recent CXR). Some have to be done for occupational (e.g. divers) or emigration purposes (UK category 2).	I
Routine pre-operative CXR is not indicated in patients aged < 60 years undergoing non-cardiothoracic surgery. The yield of abnormalities increases in patients > 60 years. However, if patients without known cardio-respiratory disease are excluded, the yield is still low.	I
There is no documented evidence of the effect of CXR on the management or outcome of upper respiratory tract infection.	I
Patients presenting with asthma but without localising signs in the chest, pyrexia, or leucocytosis do not require CXR, except when the asthma is life-threatening or fails to respond to treatment adequately.	I
Patients presenting with COPD but without localising signs in the chest, pyrexia, or leucocytosis do not require CXR, except when the condition is life-threatening or fails to respond to treatment adequately.	I
The majority of patients with community-acquired pneumonia will show radiological resolution at four weeks, but this may be prolonged in the elderly, smokers, and those with chronic airway disease. Further CXR after resolution in asymptomatic patients is not indicated. (For pneumonia in children see M23)	I
CXR need not be repeated before hospital discharge in those who have made a satisfactory clinical recovery from community-acquired pneumonia. CXR should be arranged after about six weeks for all patients who have persistent symptoms or physical signs or who are at higher risk of underlying malignancy (especially smokers and patients > 50 years), whether or not they are admitted to hospital. (For pneumonia in children see M23)	I

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Pleural effusion suspected   <b>F10</b>	CXR	Indicated [C]	CXR may detect small quantities of pleural fluid.	I
	US	Indicated [B]	US may be used to confirm the presence of pleural fluid, characterise it, detect pleural metastases, and guide thoracentesis.	0
	CT	Indicated only in specific circumstances [B]	CT with IV contrast may help in the detection and characterisation of pleural fluid.	III
Haemoptysis   <b>F11</b>	CXR	Indicated [B]	All patients presenting with haemoptysis should have a CXR. If this is normal and the haemoptysis was significant and occurred out of the context of a concurrent chest infection, referral for further investigation should be considered.	I
	CT	Not indicated initially [B]	CT should be used in conjunction with bronchoscopy to investigate the majority of patients with haemoptysis. CT may detect malignancies not identified on CXR or bronchoscopy, but is insensitive in detecting mucosal and submucosal disease.	III
ITU/HDU patient   <b>F12</b>	CXR	Indicated [B]	A CXR is most helpful when there has been a change in symptoms or insertion or removal of a device. The value of the routine daily CXR is being increasingly questioned. CT is a useful adjunct to CXR for problem-solving in critically ill patients.	I
Occult lung disease   <b>F13</b>	CT	Specialised investigation [B]	There is evidence to indicate that high resolution CT (HRCT) may be histospecific; valuable information about disease reversibility and prognosis may be gleaned from HRCT.	III

**F. Thoracic system**

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>G. Gastrointestinal system</b>		
<i>Gastrointestinal tract</i>		
Difficulty in swallowing: high dysphagia (lesion may be high or low) <b>G01</b>	Video-fluoroscopy and Ba swallow	Indicated [B]
Difficulty in swallowing: low dysphagia (lesion will be low) <b>G02</b>	Ba swallow	Indicated only in specific circumstances [B]
	NM	Specialised investigation [B]
Heart burn/chest pain: hiatus hernia or reflux <b>G03</b>	Ba swallow/meal	Indicated only in specific circumstances [B]
Oesophageal perforation <b>G04</b>	CXR	Indicated [B]
	Contrast swallow	Indicated [B]
	CT	Indicated [A]
Acute GI bleeding: haematemesis/melaena  <i>(See also N10, N11, N13, N14)</i> <b>G05</b>	Endoscopy	Indicated [A]
	AXR	Not indicated [B]
	Abdominal US	Indicated only in specific circumstances [B]
	Ba studies	Not indicated [C]
	NM	Specialised investigation [B]
	Angiography	Specialised investigation [B]

COMMENT	DOSE
Video recording of swallow is essential. Webs and pouches are well demonstrated. Motility disorders, which must be looked for in prone or supine position, may be seen despite normal endoscopy. Subtle strictures, not seen at endoscopy, best demonstrated by marshmallow or other bolus study. Multi-disciplinary approach with speech therapist and ENT surgeon is optimal.	II
Endoscopy is required (biopsy of strictures essential). Ba swallow used to demonstrate motility disorder or subtle stricture, if endoscopy normal.	II
Radionuclide oesophageal transit study is indicated as an alternative non-invasive assessment of oesophageal motility.	II
Reflux is common and investigation is only indicated where lifestyle changes and empirical therapy fail. While pH monitoring is the gold standard for reflux, endoscopy alone will reliably show early changes of reflux oesophagitis and allows detection and biopsy of metaplasia. Ba studies aimed at assessing oesophageal motility prior to anti-reflux surgery do not reliably predict post-operative dysphagia.	II
Will be abnormal in 80% of cases, but pneumo-mediastinum is present in only 60%.	I
Non-ionic iodinated contrast is the only safe agent. It is sensitive, but if no leak is seen then proceed to immediate CT.	II
CT is sensitive both for the presence of perforation and for the detection of mediastinal and pleural complications.	III
Endoscopy provides diagnosis in the majority of cases of upper GI bleeding and can be used to deliver haemostatic therapy.	0
Of no value.	I
Only useful to look for signs of chronic liver disease.	0
Precludes angiography.	II
After endoscopy. Red cell labelling can detect bleeding rates as low as 0.1 ml/minute; more sensitive than angiography. Red cell study is most useful in intermittent bleeding.	II
In uncontrollable bleeding. Angiography can accurately direct surgery and transcatheter embolisation may be used as the primary treatment.	III



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Intestinal blood loss: chronic or recurrent <i>Continued</i>  (See also N14) G12	CT	Indicated [B]	IV contrast-enhanced CT is a useful technique to look for lesions that may be bleeding (e.g. tumours). CTA may demonstrate bowel angiodysplasia.	III
	Angiography	Specialised investigation [B]	Angiography is sensitive for angiodysplasia (with early filling vein) and to demonstrate tumour neovascularity.	III
Acute abdominal pain: perforation/obstruction   (For children see section M) G13	AXR and CXR erect	Indicated [B]	Supine AXR may be sufficient to establish diagnosis of obstruction and point to an anatomical level. Consider erect AXR if supine AXR normal and strong clinical suspicion of obstruction. Lateral decubitus AXR indicated to show free gas if CXR has to be supine.	I + I
	US	Indicated [C]	Widely used as a survey following AXR. It is sensitive for free fluid in perforation.	0
	CT	Indicated [B]	For small sealed perforations and for establishing site and cause of obstruction.  <i>This recommendation does not apply to children. (For acute abdominal pain in children see M37)</i>	III
Small bowel obstruction: acute   G14	Contrast studies	Indicated only in specific circumstances [B]	Frequently unhelpful.	II
	CT	Indicated [B]	When AXR suggests small bowel obstruction, CT confirms diagnosis, indicates level, and may show cause. When AXR equivocal but small bowel obstruction suspected clinically, volume challenge (i.e. CT with water or methylcellulose ingestion) may be required for complete assessment.	III
Small bowel obstruction: chronic or recurrent   (See also G13, G14) G15	Ba small bowel enema	Indicated [B]	Will reveal presence and level of obstruction in most cases and may suggest a cause.	II
	CT	Indicated [B]	Performed with or without volume challenge. CT will be diagnostic as for small bowel enema, but may be a better guide to management in complex cases, e.g. in patients with a previous malignancy or following complicated abdominal surgery.	III
Suspected small bowel disease (Crohn's disease)   G16	Ba small bowel meal	Indicated [B]	A useful survey examination for the diagnosis of small bowel disease, including Crohn's disease.	II
	Ba small bowel enema	Indicated [B]	This is the investigation of choice to establish extent of disease prior to surgery, in cases where fistula is suspected, and to diagnose the cause of obstructive symptoms in patients with known Crohn's disease.	II
	US/CT/MRI	Specialised investigation [B]	Use of these techniques is evolving, e.g. in assessment of disease activity, and they are particularly useful to assess extramural complications.	0/ III/0
	NM	Specialised investigation [B]	Labelled white cell scintigraphy reveals activity and extent of disease and is complementary to Ba studies.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Change of bowel habit to diarrhoea and rectal bleeding in the absence of perianal symptoms: colorectal neoplasia	Ba enema	Indicated [B]	Colonoscopy is often the first-line investigation. Ba enema is an alternative to colonoscopy and is widely used as the first-line investigation of change of bowel habit in the absence of rectal bleeding. Ba enema is insufficient with rectal bleeding, but flexible sigmoidoscopy followed by immediate Ba enema is a good alternative to colonoscopy. Defer Ba enema for seven days after full thickness biopsy via a rigid sigmoidoscope. No delay is needed for superficial biopsies taken via flexible sigmoidoscopy.	III
	CT	Specialised investigation [B]	CT has an established and developing role in the demonstration and exclusion of colorectal neoplasia. Its use can range from a minimally invasive approach with no oral contrast and no bowel preparation to full CT colonography. The minimally invasive approach is preferable to Ba enema in frail elderly patients. Accuracy is increased by oral contrast over 24 hours with no purgation. Alternatively, a water enema is helpful. CT colonography with full bowel preparation and air enema is more accurate than Ba enema and closely approaches the accuracy of colonoscopy. It is already the technique of choice for the proximal colon when colonoscopy has been incomplete.	III
Large bowel obstruction: acute	AXR	Indicated [B]	May suggest diagnosis and indicate likely level.	I–II
	Contrast enema	Indicated [B]	Water-soluble or air-contrast enema can confirm diagnosis and level of obstruction and may indicate likely cause. In some cases interpretation is difficult and if no abnormality is seen it is important to understand that although this may indicate pseudo-obstruction, a significant obstructing lesion may have been missed.	III
	CT	Specialised investigation [B]	The value of CT, particularly in sick and very frail patients, is becoming established. It is likely that it will prove a more accurate and less uncomfortable alternative to water soluble enema.	III
Inflammatory bowel disease of the colon: acute exacerbation	AXR	Indicated [B]	Often sufficient to determine disease severity and extent.	I–II
	Ba enema	Indicated [B]	Unprepared ‘instant’ enema complements AXR and confirms extent of disease. It is contraindicated in toxic megacolon.	III
	NM	Indicated [B]	Labelled white cell study will reveal activity and extent of disease.	III
	MRI	Specialised investigation [B]	MRI is extremely valuable in guiding surgical management of patients with anorectal sepsis.	0
Inflammatory bowel disease of colon: long-term follow-up	Ba enema	Indicated only in specific circumstances [B]	Ba enema has a limited role after complex surgery and in the evaluation of fistulae. Colonoscopy is the most reliable investigation to identify complications including dysplasia, stricture, and carcinoma.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
<b>General abdominal problems</b>				
Acute abdominal pain warranting hospital admission for consideration of surgery <i>(See also G13, G14, G15, G30, G32)</i> G21	AXR and CXR erect/US	Indicated [B]	Local policy will determine strategy. Supine AXR (for gas pattern, etc.) is usually sufficient; erect AXR is indicated only in specific circumstances. Erect CXR is used for exclusion of perforation. US is widely used as a preliminary survey.	I-II/0
	CT	Indicated [B]	CT is increasingly used.	III
Palpable mass G22	AXR	Indicated only in specific circumstances [C]	Rarely of value.	I-II
	US	Indicated [B]	Often solves the problem.	0
	CT	Indicated [B]	Where US is inconclusive and to provide more complete assessment of disease extent prior to definitive treatment.	III
Malabsorption G23	Ba small bowel meal	Indicated only in specific circumstances [B]	Imaging is not required for the diagnosis of coeliac disease but may be indicated for other causes of small bowel malabsorption or when biopsy is normal/equivocal.	II
	NM	Specialised investigation [B]	Numerous NM investigations are available, which should establish presence of malabsorption. Some of these are non-radiological (e.g. breath test).	II
Constipation  <i>(For children see section M)</i> G24	AXR	Indicated only in specific circumstances [B]	May be useful in geriatric and psychiatric specialties to show extent of faecal impaction.  <i>(For constipation in children see M38)</i>	II
	Intestinal transit studies	Specialised investigation [B]	A simple investigation using radio-opaque shapes can confirm normal intestinal transit.	I-II
	NM	Specialised investigation [B]	In-111 colonic transit study enables a more detailed study of colonic delay than radio-labelled pellets. Important before colectomy is undertaken.	III
	Evacuation proctography	Specialised investigation [B]	In some patients constipation is secondary to a disorder of evacuation, which can be demonstrated and characterised by this investigation.	II
Abdominal sepsis; pyrexia of unknown origin  <i>(See also N16, N17)</i> G25	US	Indicated [C]	Seek early radiological advice. US is often used first and may be definitive, particularly when there are localising signs; it is especially good for subphrenic/subhepatic spaces and pelvis.	0
	CT	Indicated [C]	CT is probably best test overall. Infection and tumour are usually identified or excluded. It also allows biopsy of nodes or tumour and drainage of collections (especially recent post-operative when US is difficult).	III
	NM	Indicated [C]	NM is particularly good when there are no localising features. Labelled white blood cell (WBC) study is good for chronic post-operative sepsis; Ga will accumulate at sites of tumour (e.g. lymphoma) and infection.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b><i>Liver, gallbladder and pancreas</i></b>		
Hepatic metastases  <i>(See also N33–N35)</i> G26	US	Indicated [B]
	CT	Indicated [B]
	MRI	Specialised investigation [B]
Solitary hepatic lesion on US, haemangioma, metastases, other  <i>(See also L15)</i> G27	CT/ MRI	Specialised investigation [B]
Known cirrhosis, complications  G28	US	Indicated [B]
	CT	Specialised investigation [B]
	MRI	Specialised investigation [B]
Jaundice  <i>(See also N18–N20)</i> <i>Continued</i> G29	US	Indicated [B]
	ERCP	Specialised investigation [B]
	CT	Specialised investigation [B]

COMMENT	DOSE
Will often be the initial investigation. US is reliable for lesions >2 cm in diameter, but for smaller lesions the sensitivity is reduced. Developments in therapy for hepatic metastases, particularly in colorectal cancer, dictate the use of more sensitive tests. US, however, will often be used as the first-line exclusion of hepatic metastases.	0
CT is significantly more sensitive than US for detection of liver metastases, particularly smaller lesions. It is essential for accurate staging of patients with metastases being considered for liver resection.	III
With liver-specific contrast agents MRI is even more sensitive than CT in detecting metastases, but it is also useful in accurate characterisation of small lesions. It is widely used in the pre-operative assessment of candidates for liver resection.	0
Both techniques reliably show characteristic features of haemangioma and many other solitary hepatic lesions.	III/0
Very sensitive for ascites. US may show varices, particularly in the splenic hilum in portal hypertension. It is the initial screening test for hepatoma.	0
Particularly when US is equivocal in the presence of raised alpha feto-protein and in the staging of hepatoma.	III
With liver-specific contrast agents MRI is at least as sensitive as CT for hepatoma.	0
US reliably differentiates between obstructive and non-obstructive jaundice, but bile duct dilatation may be subtle in early obstruction. When US indicates obstructive jaundice, subsequent investigation will depend on the level of obstruction, presence or absence of stones in the gall bladder and ducts, as well as the clinical situation. Early discussion with radiologist is required.	0
If US shows duct stones, proceed to ERCP for confirmation and therapy. ERCP remains the gold standard for intrahepatic duct changes in sclerosing cholangitis.	II
Frequently the next investigation for US-proven obstructive jaundice, particularly if US level of obstruction is below the hilum. For pancreatic cancer CT reliably predicts unresectability. In malignant hilar-level obstruction, CT may provide staging information critical to the planning of surgery or palliative therapy.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Jaundice <i>Continued</i>	MRI, including MRCP	Specialised investigation [B]	In hilar-level obstruction, MRCP (magnetic resonance cholangiopancreatography) is now the investigation of choice following US. MRCP reliably and non-invasively depicts the pattern and extent of duct involvement, thus facilitating planning of curative surgery or interventional treatment.  In malignant hilar-level obstruction, MRI may provide staging information critical to the planning of surgery or palliative treatment.  If US shows gallstones, but no definite duct stones, then MRCP is indicated prior to ERCP.	0
	Endoscopic US	Specialised investigation [B]	Is the most accurate method for detection of small duct stones and small papillary or peri-ampullary tumours. It allows biopsy of pancreas without risk of tumour seeding.	0
(See also N18–N20) G29				
Biliary disease (e.g. gallstones, post-cholecystectomy pain)	AXR	Not indicated [C]	Only shows about 10% of gallstones.	I-II
	US	Indicated [B]	Is the investigation of choice for the demonstration or exclusion of gallstones and acute cholecystitis. It is the initial investigation of biliary pain but cannot reliably exclude common duct stones. Cholecystography is virtually never used.	0
	CT	Specialised investigation [B]	Has a limited role in cholelithiasis but is useful in the evaluation of gallbladder wall and gallbladder masses.	III
	MRCP	Specialised investigation [B]	Indicated in stone disease where the symptoms, signs, and/or liver function tests suggest the possibility of duct calculi not confirmed by US, and in the investigation of post-cholecystectomy pain.	0
	NM	Specialised investigation [B]	Biliary scintigraphy shows cystic duct obstruction in acute cholecystitis.	II
(See also N20) G30				
Post-operative biliary leak	US	Indicated [B]	First investigation of suspected leak. US will show the size and anatomical position of collections	0
	ERCP	Indicated [B]	Definitive investigation to detect and demonstrate the site of the leakage and for treatment by stent placement.	II
	NM	Specialised investigation [B]	HIDA scan will show activity at site of leak.	II
(See also G21) G31				
Pancreatitis: acute	AXR	Indicated [C]	Presents as non-specific acute abdominal pain. AXR is needed to exclude other causes.	I-II
	US	Indicated [B]	Must be performed early to identify patients with gallstones, indicating a diagnosis of gallstone pancreatitis, in which case early ERCP may be considered.	0
	CT	Indicated [B]	CT with IV contrast enhancement is used early in severe cases to assess extent of necrosis, which is helpful in prognosis. In follow-up, it is used to detect and monitor complications, and for this purpose it is superior to US. US is used to monitor more chronic pseudocysts, to avoid high radiation dose of CT.	III
(See also G21) G32				



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>H. Urological, adrenal, and genitourinary systems</b>		
Haematuria, macro- or microscopic  <b>H01</b>	IVU	Indicated [B]
	US and AXR/CT	Indicated [B]
Hypertension without evidence of renal disease <i>(See also H03)</i> <b>H02</b>	IVU	Not indicated [B]
Hypertension: in the young adult or in patients unresponsive to medication  <i>(See also N21, N22)</i> <b>H03</b>	Angiography (DSA/CTA/MRA)	Specialised investigation [C]
	MRA	Specialised investigation [B]
	CTA	Specialised investigation [B]
	NM	Specialised investigation [B]
	US	Specialised investigation [B]

COMMENT	DOSE
There is wide variation in local policy. Imaging strategies should be agreed with local nephrologists and urologists. Neither IVU nor US and AXR is ideal for detecting upper urinary tract causes of bleeding; in most patients both IVU and US should be used, either together or in sequence.	II
In young patients with microscopic haematuria only US and AXR may be used to evaluate the upper tracts; this strategy misses some upper tract pathology, including some calculi. Bladder US detects many bladder tumours but is not sufficiently sensitive to obviate cystoscopy. There has been recent interest in using CT to evaluate the upper tracts in haematuria but there are insufficient data to make a recommendation.	0 + I/ II
IVU is not indicated for the evaluation of hypertension with no evidence of renal disease.	II
To show stenosis if surgery or angioplasty is considered as a possible treatment.	III/ III/0
Imaging is only appropriate if renovascular hypertension is clinically suspected, since the prevalence of renal artery stenosis in essential hypertensives is very low. MRA is the best non-invasive method to visualise the renal arteries directly.	0
CTA is as sensitive as MRA but more invasive (iodinated contrast medium, irradiation) and should only be used if MRA is not available.	III
Captopril renography is best to check for functionally significant renal artery stenosis.	II
Doppler US can be sensitive and specific but needs special expertise.	0

**H. Urological, adrenal, and genitourinary systems**



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Renal mass          <b>H08</b>	US	Indicated [B]	US is sensitive at detecting renal masses > 2 cm and accurately characterises masses as cystic or solid. US helps to characterise some masses indeterminate at CT.	0
	IVU	Not indicated [B]	IVU is less sensitive than US for the detection of renal masses. IVU does not characterise renal masses accurately.	II
	CT	Indicated [B]	CT is sensitive at detecting renal masses of 1.0–1.5 cm or greater and accurately characterises masses.	III
	MRI	Specialised investigation [B]	MRI (including contrast-enhanced imaging) is as sensitive as contrast-enhanced CT for detecting and characterising renal masses. MRI should be used if masses are not adequately characterised by CT and US or if iodinated contrast medium is contra-indicated because of diminished renal function or allergy.	0
Urinary tract obstruction          <b>H09</b>	IVU	Indicated only in specific circumstances [B]	May be used to define anatomy prior to surgery or other intervention.	II
	US	Indicated [B]	Useful to assess the upper tracts.	0
	NM	Indicated [A]	Tc-99m-MAG3 with frusemide diuresis is used. Output (outflow) efficiency study provides reliable quantification of frusemide response independent of renal function. Parenchymal transit time index measurements aid assessment of obstructive nephropathy.	II
Urinary tract infection in adults          <i>(For children see section M)</i>  <b>H10</b>	US and AXR	Indicated only in specific circumstances [B]	The majority of adults with urinary tract infection do not require imaging. Imaging is indicated (1) if infection does not settle rapidly with antibiotics and (2) after infection has settled in men with one proven UTI or women with a proven recurrence of UTI.	0 + I
	CT	Specialised investigation [B]	US and AXR offer a good first investigation. Contrast-enhanced CT may be necessary in severe infection not responsive to treatment, since CT detects renal sepsis and changes of pyelonephritis more sensitively than US.	III
	IVU	Indicated only in specific circumstances [B]	IVU may be helpful in the non-acute phase in patients who are suspected of having underlying renal disease (e.g. calculus, papillary necrosis, reflux nephropathy). <i>(For urinary tract infection in children see M43)</i>	II
Renal transplant evaluation          <b>H11</b>	NM	Indicated [B]	Tc-99m-MAG3 studies are more sensitive than US for acute rejection after transplantation. Such changes in renal function usually predate clinical and chemical indices. This study is helpful for detection of renal artery stenosis and obstructive uropathy.	II

**H. Urological, adrenal, and genitourinary systems**

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Urinary retention  <b>H12</b>	IVU	Not indicated [B]	Has low yield.	II
	US	Indicated only in specific circumstances [B]	Renal US is indicated to check for upper tract dilatation (after catheterisation to relieve bladder distension), especially if renal function is impaired.	0
Prostatism  (See also L28) <b>H13</b>	IVU	Not indicated [B]	US is indicated to check for dilatation of the upper urinary tract.	II
	US	Indicated [B]	Bladder US (with measurement of post-void residual volume and urine flow rate) is indicated in prostatism. Renal US is only necessary if there is a post-void residue, haematuria, raised serum creatinine, or infection.	0
Scrotal mass or pain  <b>H14</b>	US	Indicated [B]	US is indicated for scrotal swelling and when presumed inflammatory scrotal pain does not respond to treatment. Allows differentiation of testicular from extratesticular lesions.	0
Testicular torsion  <b>H15</b>	US	Indicated [B]	Frequently a clinical diagnosis. Urgent management is essential and imaging should not delay intervention when appropriate. Colour Doppler US has a high sensitivity in suspected testicular torsion. Intermittent torsion remains a significant diagnostic problem.	0
Adrenal medullary tumour  <b>H16</b>	US/CT/MRI	Specialised investigation [B]	Whilst US may identify lesions of this type, CT and MRI provide the best anatomical delineation. Imaging is rarely indicated in the absence of biochemical evidence of such tumours.	0/III /0
	NM	Specialised investigation [B]	MIBG locates functioning tumours and is particularly useful for ectopic sites and metastases.	II
Adrenal cortical lesions; Cushing's syndrome  <b>H17</b>	CT/MRI, NM, and/or adrenal venous sampling	Specialised investigation [B]	Local advice on the most appropriate examination should be sought. CT/MRI may be able to identify an adrenal cause for Cushing's syndrome. However, nodular adrenal hyperplasia can occur in a significant proportion of patients with ACTH-dependent and ACTH-independent Cushing's syndrome. In such a situation CT may be unable to distinguish adrenal adenoma and nodular hyperplasia, and further investigation with scintigraphy and/or adrenal venous sampling may be required.	III/0, II/III
Adrenal cortical lesions; primary hyperaldosteronism (Conn's syndrome)  <b>H18</b>	CT/MRI, NM and/or adrenal venous sampling	Specialised investigation [B]	Local advice on the most appropriate examination should be sought. Both CT and MRI can distinguish between a unilateral adrenal adenoma and bilateral adrenal hyperplasia. NM may be useful in distinguishing between adrenal hyperplasia and an adenoma. However, adrenal venous sampling may be required where other imaging techniques are inconclusive.	III/0, II/III

**H. Urological, adrenal, and genitourinary systems**



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Pelvic pain, including suspected pelvic inflammatory disease and suspected endometriosis  <b>I07</b>	US	Indicated [C]	Especially when clinical examination is difficult or impossible. US has a poor predictive power when diagnosing pelvic inflammatory disease.	0
	MRI	Specialised investigation [B]	Can be useful to localise the larger foci of endometriosis.	0
Lost IUCD  <b>I08</b>	US	Indicated [C]	To confirm or refute the presence of the IUCD in uterus.	0
	AXR	Indicated only in specific circumstances [C]	Indicated only when IUCD is not seen in uterus on US.	I-II
Recurrent miscarriages  <b>I09</b>	US	Indicated [C]	Will show the major uterine congenital and acquired problems and is useful to identify polycystic ovaries.	0
	MRI	Specialised investigation [C]	Supplements US for uterine anatomy.	0
Infertility  <b>I10</b>	US	Indicated [C]	For follicle tracking during treatment. For assessment of tubal patency, US is not yet widely practised. Some centres use MRI and/or laparoscopy and/or hysterosalpingography.	0
Suspected cephalopelvic disproportion  <b>I11</b>	XR pelvimetry	Not indicated [B]	The need for pelvimetry is increasingly being questioned. Local policy should be determined in agreement with obstetricians. MRI or CT should be used wherever possible.	II
	MRI/CT	Specialised investigation [C]	MRI is best as it avoids x-irradiation. CT generally offers a lower dose than standard XR pelvimetry.	0/I

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>J. Breast disease</b>		
<i>Asymptomatic patients</i>		
Screening women < 40 years old J01	Mammography	Not indicated [B]
Screening women 40–49 years old J02	Mammography	Indicated only in specific circumstances [A]
	US	Indicated only in specific circumstances [B]
Screening women 50–64 years old J03	Mammography	Indicated [A]
	US	Indicated only in specific circumstances [B]
Screening women > 65 years old J04	Mammography	Indicated [A]
	US	Indicated only in specific circumstances [B]
Family history of breast cancer J05	Mammography	Specialised investigation [B]
	US	Indicated only in specific circumstances [B]

COMMENT	DOSE
There is no evidence to support screening of women < 40 years old who are not at increased risk of breast cancer.	I
Women seeking screening at this age should be made aware of the risks and benefits.	I
Useful adjunct to mammography in women with dense breasts and those with implants.	0
Women aged 50–64 are invited for screening at 3-yearly intervals in the UK under the auspices of the NHS Breast Screening Programme.	I
Useful adjunct to mammography in women with dense breasts and those with implants.	0
Currently self-referral to the NHS Breast Screening Programme is required, but screening by invitation is being extended up to age 70 by 2005.	I
Useful adjunct to mammography in women with dense breasts and those with implants.	0
Evidence of benefit is emerging for women at significantly increased risk in their 40s and appears to outweigh the harm of screening. Screening should only be undertaken after genetic risk assessments and appropriate counselling as to the risks and benefits. Consensus is that screening of women < 50 years old with a family history should only be undertaken when the lifetime risk of breast cancer is greater than twice the average. Further guidelines for mammographic and other forms of screening in these women remain under review.	I
Useful adjunct to mammography in women with dense breasts and those with implants.	0

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Women < 50 years old having or being considered for HRT  J06	Mammography	Indicated only in specific circumstances [C]	HRT has been shown to increase density and benign changes within the breast. There is a subsequent fall in sensitivity and specificity and an increased recall rate from screening. There is no evidence for routine mammography prior to starting HRT.	I
	US	Indicated only in specific circumstances [B]	Useful adjunct to mammography in women with dense breasts and those with implants.	0
Breast screening in women aged 50 and over who have had augmentation mammoplasty  J07	Mammography	Indicated [C]	Sensitivity for cancer detection is lower than in the non-augmented.	I
	US	Indicated only in specific circumstances [B]	Useful adjunct to mammography in women with dense breasts and those with implants.	0
<b>Symptomatic patients</b>				
Clinical suspicion of carcinoma  J08	Mammography	Indicated [B]	Referral to a breast clinic should precede any radiological investigation. Mammography and US should be used in the context of triple assessment (i.e. mammography, US, and needle tests).	I
	US	Indicated [B]	Mammography is appropriate for women > 35 years old. For women 35 years old, US is the imaging investigation of first choice. Performed in the context of triple assessment at a specialist breast clinic.	0
	NM	Indicated only in specific circumstances [A]	Scintimammography is to be performed only if additional information is required after triple assessment, e.g. if there is a disagreement between imaging and pathology.	III
	MRI	Indicated only in specific circumstances [B]	To be performed only if additional information is required after triple assessment, e.g. if there is a disagreement between imaging and pathology.	0
Augmentation mammoplasty (clinical suspicion of carcinoma) <i>(See also J08)</i> J09	Mammography	Indicated [B]	Mammography is indicated when there is clinical suspicion of carcinoma in women with implants.	I
Generalised lumpiness, pain or tenderness, long standing nipple retraction  J10	Mammography	Not indicated initially [C]	May be worthwhile in women > 40 years old with persisting non-suspicious breast symptoms.	I
	US	Indicated only in specific circumstances [C]	In the absence of other signs suggestive of malignancy, breast US is unlikely to influence management.	0

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]	COMMENT	DOSE
Cyclical mastalgia  J11	Mammography	Not indicated [B]	Should not be performed in women with breast pain in the absence of clinical signs.	I
	US	Not indicated [B]		0
Assessment of integrity of silicon breast implants  J12	US and MRI	Specialised investigation [B]	US is quick and simple and a normal US study is highly predictive of an intact implant. Symptomatic women with implants > 10 years old and positive US have a 94% probability of rupture. MRI can reasonably be used for confirmatory testing in other subsets.	0 + 0
Suspected Paget's disease of the nipple  J13	Mammography	Indicated [C]	Mammography will show an abnormality in 50% of women. It is helpful to determine the possibility of image-guided biopsy. When invasive disease is confirmed it will influence the surgical management of the axilla.	I
Breast inflammation  J14	Mammography	Specialised investigation [C]	Helps to diagnose or exclude malignancy when there is clinical doubt.	I
	US	Indicated [C]	Also useful in drainage and follow-up.	0
Breast cancer follow-up (surveillance)  J15	Mammography/US/MRI/NM	Indicated [A]	Mammography, US, and MRI may all be used for follow-up of the conserved breast. In suspected locoregional recurrence the principles of triple assessment apply. Occasionally, scintimammography may have a role.	I/0/0/III

J. Breast disease

# K. Trauma

## Head: General

### Head injury:

- The primary aim of clinical and radiological assessment is to identify those patients with clinically important brain injury and, most crucially, those with an intracranial haematoma requiring urgent neurosurgical management.
- There are an estimated 700,000 hospital attendances per annum for head injury in England and Wales. The large majority of these are classified as mild with a low risk of intracranial haematoma. Recent UK practice has relied heavily on the use of skull radiography to triage patients with mild head injury, but sensitivity for detection of intracranial haematoma may be as low as 38%. CT has both sensitivity and specificity close to 100% but carries a high radiation burden and major resource implications if used indiscriminately.
- A number of attempts have been made to derive clinical decision rules that can identify patients who are not at risk of a neurosurgical haematoma or other clinically important brain injury and do not require cranial imaging. The Canadian Head CT Rule was derived from a cohort of more than 3,000 patients using a methodologically sound multivariate analysis of several risk factors. Coagulopathy, focal neurological deficit, post-traumatic seizure, and clinically suspected open or depressed skull fracture were considered a priori indications. Five further clinical risk factors identified 100% of patients who required neurosurgical intervention, with a further two factors identifying 98.4% with clinically important brain injury.
- At the time of publication of these Guidelines the validation study of this rule has not yet been completed and it therefore constitutes Level 2 evidence. These Guidelines adopt the Canadian Head CT Rule as the basis for selection of patients for CT scanning, but may be subject to change as new evidence emerges.
- If CT is normal or the patient does not qualify for a CT scan and no other clinical risk factors or social factors are present, the risk of complications requiring hospital care is low enough to warrant discharge to the care of a responsible adult with head injury instructions.
- These recommendations are likely to increase the use of CT in head trauma in most UK centres. There are implications for population radiation dose and cost, although routine CT followed by patient discharge if CT is negative may be cost-effective. CT scanning protocols should be optimised to minimise dose, especially in children.

- Current Royal College of Surgeons Guidelines state that 24-hour availability of CT is required in all centres receiving head-injured patients. In circumstances where, for whatever reason, CT is not promptly available, skull radiographs may still have a role. Other local circumstances may require modification of these guidelines.
- MRI, SPECT, and transcranial Doppler US are specialised investigations in head injury whose role is still under evaluation.

### Associated injuries:

- Assessment of the cervical spine including imaging if indicated (see sections K7-11) is essential in all head-injured patients. The opportunity to perform CT of the cervical spine while the patient is having a head scan should be carefully considered, especially if the patient is unconscious. Multi-slice CT scanners enable the whole cervical spine to be scanned at high resolution and multiplanar reformats to be generated with relative ease. Sensitivity to fractures is superior to plain radiographs.
- Occipital condylar fractures are uncommon, but serious injuries are associated with high-energy blunt trauma to the head and/or upper cervical spine. They are difficult to diagnose clinically although they should be suspected in any patient showing signs of lower cranial nerve palsy after injury. Demonstration on plain radiographs is extremely difficult and radiological diagnosis requires good quality CT. This region should be routinely reviewed on 'bone windows' in head-injured patients, with additional high resolution imaging if necessary.

### Children:

- The Canadian Rule was derived from a cohort that did not include children. Children have a lower risk of intracranial haematoma than adults, and it is considered safe to apply the rule to this age group. If non-accidental injury is suspected, a skull radiograph as part of a skeletal survey is required. In children 0–2 years old, CT of the head is mandatory. In addition, MRI of the brain may be required later to further document timing of the injury.  
(For non-accidental injury in children see M15)

### Trivial head injury:

- Patients with head injury who are fully orientated, have no history of loss of consciousness or amnesia nor any other clinical risk factors have a negligible risk of a clinically important brain injury and do not require imaging.





CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Neck injury with pain  <b>K09</b>	XR cervical spine	Indicated [B]
	CT/MRI	Specialised investigation [B]
Neck injury with neurological deficit  <b>K10</b>	XR cervical spine	Indicated [B]
	MRI	Indicated [B]
	CT	Specialised investigation [B]
Neck injury with pain but XR initially normal; suspected ligamentous injury  <b>K11</b>	XR cervical spine	Specialised investigation [B]
	MRI	Specialised investigation [C]
<b>Thoracic and lumbar spine</b>		
Trauma without pain or neurological deficit  <b>K12</b>	XR	Not indicated [A]
Trauma with pain, no neurological deficit, or patient not able to be evaluated  <b>K13</b>	XR	Indicated [B]
Trauma: with neurological deficit with or without pain  <b>K14</b>	XR	Indicated [B]
	CT	Indicated [B]
	MRI	Indicated [B]
<b>Pelvis and sacrum</b>		
Fall with inability to weight-bear  <b>K15</b>	XR pelvis and Lateral XR hip	Indicated [C]

COMMENT	DOSE
Discuss with department of clinical radiology.	I
May be valuable when XR is equivocal or lesion complex.	II/0
For orthopaedic assessment. XR must be of good quality to allow accurate interpretation.	I
MRI is the best and safest method of demonstrating intrinsic cord damage, cord compression, ligamentous injuries, and vertebral fractures at multiple levels. Some constraints with life support systems.	0
CT myelography may be considered if MRI is not practicable.	II
Views taken in flexion and extension (consider fluoroscopy) as achieved by the patient with no assistance and under medical supervision.	I
MRI demonstrates ligamentous injuries.	0
<b>K. Trauma</b>	
Physical examination is reliable in this region. When the patient is alert and asymptomatic without neurological signs, the probability of a radiological finding that would alter management is low.	I
Threshold to XR is low when there is pain/tenderness, a significant fall, a high-impact road traffic accident, and presence of other spinal fracture, or when it is not possible to clinically evaluate the patient. If XR suggests instability or posterior element fractures, CT or MRI is essential.	I
Initial investigation, but CT/MRI is essential.	I
Detailed analysis of bone injury is achieved with CT with or without reconstructions.	II
Whole-spine MRI is indicated when there are multilevel or ligamentous injuries and cauda equina injuries.	0
Physical examination may be unreliable. Check for femoral neck fractures, which may not show on initial XR, even with good lateral views. In selected cases, NM or MRI or CT can be useful when XR is normal or equivocal.	I + I

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Urethral bleeding and pelvic injury  K16	Retrograde urethrogram	Indicated [C]
Trauma to coccyx or coccydynia  K17	XR	Indicated only in specific circumstances [C]
<b>Upper limb</b>		
Shoulder injury  K18	XR	Indicated [B]
Elbow trauma  K19	XR	Indicated [B]
Wrist injury: suspected scaphoid fracture  K20	XR	Indicated [B]
	MRI/NM/CT	Indicated [B]
<b>Lower limb</b>		
Knee trauma: fall/blunt trauma  K21	XR	Indicated only in specific circumstances [B]
Acute ankle injury  K22	XR	Indicated only in specific circumstances [B]
Foot injury  K23	XR	Indicated only in specific circumstances [A] – Mid-foot [B] – Fore-foot

COMMENT	DOSE
To show urethral integrity, leak, or rupture. Cystography or delayed post-contrast CT should be considered if urethra is normal and haematuria is present to assess for other urinary tract injuries. There is increasing first use of MRI in the non-acute situation.	II
Normal appearance is often misleading and findings do not alter management.	I
Some dislocations present subtle findings. As a minimum, orthogonal views are required. US, MRI, and CT may play a role in complex cases or soft tissue injury. Consider assessment of rotator cuff in over-50s who mobilise poorly following a first dislocation.	I
To show effusion. Routine follow-up XRs are not indicated in cases of effusion with no obvious fracture. MRI is a specialist investigation.	I
Four-view series is needed where scaphoid fracture suspected.	I
If clinical doubt persists, MRI/NM/CT studies are reliable. MRI is preferable as it is more specific. Increasingly, MRI is being used as the only examination.	0/II/II
When blunt trauma or a fall is the mechanism of injury. XR is warranted when age < 12 or > 50 years or patient cannot walk four weight-bearing steps. CT/ MRI may be needed where further information is required.	I
Features which justify XR include: inability to weight-bear immediately and in the emergency room, point tenderness over the medial malleolus, and/or the posterior edge and distal tip of the lateral malleolus.	I
Indicated only if there is true bony tenderness or on-going inability to weight-bear. Demonstration of a fore-foot injury rarely influences management. Only rarely are XRs of foot and ankle indicated together; both will not be done without good reason. If XRs are not taken, advise return in one week if symptoms are not improved. For complex mid-foot injuries, CT is required.	I

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Stress fracture  <b>K24</b>	XR	Indicated [B]
	NM/MRI/CT	Indicated [B]
<b>Imaging of a foreign body</b>		
Soft tissue injury: foreign body, e.g. metal, glass, painted wood  <b>K25</b>	XR	Indicated [B]
	US	Indicated [B]
Soft tissue injury: foreign body, e.g. plastic, wood  <b>K26</b>	XR	Indicated only in specific circumstances [B]
	US	Indicated only in specific circumstances [B]
Swallowed foreign body suspected in pharyngeal or upper oesophageal region.  <i>(See also K28 and K29)</i> <i>(For children see section M)</i>  <b>K27</b>	XR	Indicated only in specific circumstances [C]
	AXR	Indicated only in specific circumstances [B]
Swallowed foreign body: smooth and small, e.g. coin  <b>K28</b>	CXR	Indicated [B]
	AXR	Indicated only in specific circumstances [B]
Sharp or potentially poisonous swallowed foreign body, e.g. battery  <i>(For children see section M)</i>  <b>K29</b>	AXR	Indicated [B]
	CXR	Indicated only in specific circumstances [B]

COMMENT	DOSE
Although often unrewarding.	I
Provides a means of early detection as well as a visual account of the biomechanical properties of the bone. Some centres use US here.	II/0/II
All glass is radio-opaque. Remove blood-stained or soiled dressings first where possible.	I
US may be indicated for radiolucent foreign body or where XR is difficult.	0
Plastic is not radio-opaque: wood is rarely radio-opaque.	I
Soft tissue US may show non-opaque foreign body.	0
After direct examination of oropharynx (where most foreign bodies lodge), and if foreign body is likely to be opaque. Differentiation from calcified cartilage can be difficult. Most fish bones are invisible on XR.	I
Maintain a low threshold for laryngoscopy or endoscopy, especially if pain persists after 24 hrs.  (NB For possible inhaled or swallowed foreign body in children see M26, M31)	II
The minority of swallowed foreign bodies will be radio-opaque. In children a single, slightly over-exposed, frontal CXR to include neck should suffice. In adults, a lateral CXR may be needed in addition if frontal CXR is negative.	I
The majority of foreign bodies that impact do so at the cricopharyngeus muscle. If the foreign body has not passed within 6 days, AXR may be useful for localisation.	I
Most swallowed foreign bodies that pass the oesophagus eventually pass through the remainder of the gastrointestinal tract without complication. However, the location of a battery is important, as leakage can be dangerous.	I
Indicated only if AXR is negative.  <i>(For children see M31)</i>	I

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b><i>Chest</i></b>		
Chest trauma: minor <b>K30</b>	CXR	Indicated only in specific circumstances [B]
Chest trauma: moderate <b>K31</b>	CXR	Indicated [B]
	CT	Specialised investigation [C]
Stab injury <b>K32</b>	CXR	Indicated [C]
Sternal fracture <b>K33</b>	Lateral XR sternum	Indicated [C]
<b><i>Abdomen (including kidney)</i></b>		
Blunt or stab injury <b>K34</b>	AXR supine and CXR erect/US	Indicated [B]
	CT	Specialised investigation [C]
Renal trauma  <i>(See also N27)</i> <b>K35</b>	IVU	Indicated only in specific circumstances [B]
	US	Indicated only in specific circumstances [B]
	CT	Indicated [B]
<b><i>Major trauma</i></b>		
Major trauma: general screen in the unconscious or confused patient <i>(See also K1, K37, K38 and N27)</i> <b>K36</b>	XR cervical spine/CXR/XR pelvis/CT head	Indicated [B]

COMMENT	DOSE
The demonstration of a rib fracture does not alter management.	I
Frontal CXR for pneumothorax, fluid, or lung contusion.	I
May be required.	III
PA and/or other views to show pneumothorax, lung damage, or fluid. US is useful for pleural and pericardial fluid.	I
In addition to CXR, lateral XR of the sternum is required. Think of thoracic spinal and aortic injuries too.	I
Supine AXR and erect CXR are indicated. US valuable for detecting haematoma and possible injuries to some organs, e.g. spleen and liver.	I/I/0
CT may be needed.	III
Adults with blunt renal trauma, microscopic haematuria, and no shock or major associated intra-abdominal injuries can safely be spared imaging.	II
US can be useful in the initial assessment of patients with suspected renal injury, but a negative US does not exclude renal injury.	0
CT is the imaging technique of choice in patients with major injury ± hypotension, ± macroscopic haematuria. Delayed (excretory phase) CT must be included to assess the collecting system.	III
Patient's condition must be stabilised as a priority. Only the minimum XRs necessary for initial assessment will be performed. XR cervical spine can wait as long as spine and cord are suitably protected. Pelvic fractures are often associated with major blood loss.	I/I/I/III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Major trauma: abdomen/pelvis  <i>(See also N27)</i>  K37	CXR, XR pelvis	Indicated [B]
	US/CT	Indicated [B]
Major trauma: chest  K38	CXR	Indicated [B]
	CT chest	Indicated [B]

COMMENT	DOSE
Pneumothorax must be excluded. Pelvic fractures which increase pelvic volume are often associated with major blood loss.	I+I
Sensitive and specific, but time-consuming and may delay surgery. CT should precede peritoneal lavage. US widely used in the emergency room to show free fluid plus solid organ injury. US has replaced lavage in most circumstances, but has a low sensitivity for splenic injury. If doubt remains, CT should follow US.	0/III
Allows immediate management (e.g. pneumothorax).	I
Especially useful to exclude mediastinal haemorrhage and aortic injury. Low threshold for proceeding to arteriography.	III

## L. Cancer

Many of the clinical problems related to the diagnosis of cancer have already been partly covered within the individual system sections. Brief notes are provided here about the use of imaging in the diagnosis, staging, and follow-up in some of the common primary malignancies. Paediatric malignancies are not included as their management is always at specialist level. (*For breast cancer see also section J*)

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>Mouth and pharynx</b>		
Diagnosis <b>L01</b>	MRI/CT	Indicated [B]
Staging <b>L02</b>	MRI/CT	Indicated [B]
	PET	Specialised investigation [C]
<b>Parotid</b>		
Diagnosis <b>L03</b>	US	Indicated [B]
	MRI/CT	Specialised investigation [B]
	PET	Not indicated [B]

**A CXR is necessary at presentation for most malignant lesions to identify possible pulmonary metastases.**

CXR is also part of many follow-up protocols (e.g. testicular lesions). Follow-up investigations to monitor progress (e.g. post-chemotherapy) are often required. Some are driven by trial protocols rather than clinical need and thus should be appropriately funded. Concern about radiation dose in diagnostic imaging is generally less relevant in this section.

COMMENT	DOSE
Diagnosis is commonly by clinical examination, supported by MRI or CT when there is high suspicion of occult disease.	0/II
Imaging is not commonly needed for diagnosis. Staging should include cervical node groups; colour Doppler US may improve N staging. Chest may be examined by XR or (preferably) CT, but clinical effectiveness of M staging is unproven.	0/II
To identify recurrent disease in previously treated patients.	IV
Useful for superficial lobe tumours. If FNAC (fine-needle aspiration cytology) is required, US can be used for guidance. If US is unable to visualise the entire tumour, then MRI is the investigation of choice for extent.	0
MRI is preferred for the assessment of parotid masses. Limitations in ability to identify calcification make CT better for inflammatory disease. MRI cannot reliably differentiate benign from malignant lesions and does not obviate the need for a tissue diagnosis in indeterminate cases. However, MRI is better than CT for soft tissue resolution. Dental amalgam may also be a problem on CT. CT should be used if MRI is impracticable and for suspected inflammatory disease.	0/II
PET is poor at differentiating benign from malignant lesions.	IV

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Staging       <b>L04</b>	MRI/CT	Indicated [B]
	PET	Specialised investigation [C]
<b>Larynx</b> Diagnosis    <b>L05</b>	CT/MRI	Indicated only in specific circumstances [B]
Staging      <b>L06</b>	CT/MRI	Indicated [B]
	US	Specialised investigation [B]
<b>Thyroid</b> Diagnosis    <b>L07</b>	NM	Indicated [B]
	US	Indicated [B]
Staging       <b>L08</b>	CT/MRI	Indicated [B]
	NM	Indicated [B]
	US	Indicated [B]
<b>Lung</b> Diagnosis       <i>(See also N29–N31)</i> <b>L09</b>	CXR	Indicated [A]
	CT	Indicated [B]

COMMENT	DOSE
MRI should be used in preference to CT for the staging of parotid masses because of its superior soft tissue resolution, multiplanar capability, and ability to define both the extent of disease and any intracranial involvement.	0/II
May have a role in staging tumours as it will identify metastases in normal-sized lymph nodes.	IV
Clinical endoscopy and biopsy for diagnosis.	II/0
Where available, MRI is preferable to CT for T staging. Either can be used for N staging.	II/0
Can be used for T and N staging and follow-up in centres with appropriate expertise.	0
For detection of residual/recurrent differentiated thyroid cancer after thyroidectomy.	II
Used in combination with or to guide FNAC.	0
To assess large primary tumours, detect distant metastases, and for medullary thyroid carcinoma in MEN syndromes.	II/0
For the detection of residual/recurrent disease after thyroidectomy.	IV
Where appropriate expertise is available.	0
Lung cancer can have several different clinical presentations and, if it is suspected, CXR is indicated. A proportion of cancers will be radiographically occult despite the presence of malignant cells in the sputum.	I
CT has not yet been proven to be of benefit as a screening tool for lung cancer. CT will increase sensitivity of detection of early tumours.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Staging          <b>L10</b>	CT	Indicated [A]
	MRI	Indicated only in specific circumstances [C]
	PET	Indicated [B]
<b><i>Oesophagus</i></b>		
Diagnosis  <b>L11</b>	Ba swallow	Indicated [B]
Staging          <b>L12</b>	CT	Indicated [B]
	Endoscopic US	Indicated [B]
	PET	Specialised investigation [B]
<b><i>Stomach</i></b>		
Diagnosis  <b>L13</b>	Endoscopy / Ba meal	Indicated [B]
Staging          <b>L14</b>	CT	Indicated [B]

COMMENT	DOSE
When correlated with histological findings, CT has an overall accuracy of up to 80% in the detection of mediastinal lymphadenopathy. Mediastinal lymph node biopsy will be required in some cases to confirm the CT findings prior to thoracotomy. PET is more accurate (see below).	III
In the majority of patients with lung cancer MRI does not offer any benefits over CT. However, it is of value in patients with superior pulmonary sulcus (Pancoast's) tumours. MRI may also be of value in demonstrating the vascular anatomy of the mediastinum in those patients allergic to iodinated contrast media. Studies have shown MRI to be better than CT at differentiating tumour from distal atelectasis.	0
FDG-PET is significantly more accurate than CT or MRI in the staging of patients with non-small-cell lung cancer and has a high negative predictive value for nodal metastases.	IV
Before endoscopy in dysphagia, Ba studies are sensitive for the diagnosis of oesophageal cancer.	II
Many patients present with advanced disease that is inoperable. CT can be used as the initial investigation to exclude these patients. Endoscopic US is needed for more accurate TNM staging, particularly if this will alter the surgical approach.	III
Requires expertise. If available, it can be initial investigation. Often used if CT suggests patient is operable, to plan most appropriate surgery.	0
PET is of use in the pre-surgical assessment of patients with oesophageal cancer in order to detect metastases.	IV
Endoscopy and double contrast Ba meal are equally sensitive in the diagnosis of advanced gastric cancer. Endoscopy allows biopsy for histology.	0/II
CT is currently the best staging investigation if active treatment is planned. Endoscopic US is useful for local staging. Laparoscopy is most sensitive for small peritoneal deposits.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>Liver: primary lesion</b>		
Diagnosis	US	Indicated [B]
(See also N33, N34, N35)	MRI/CT	Specialised investigation [B]
<b>L15</b>		
Staging	MRI/CT	Indicated [B]
<b>L16</b>		
<b>Liver: secondary lesion</b>		
Diagnosis	US	Indicated [B]
	CT/MRI	Indicated [B]
	PET	Specialised investigation [C]
<b>L17</b>		
<b>Pancreas</b>		
Diagnosis	US/CT	Indicated [B]
	MRI/MRCP/ERCP	Specialised investigation [C]
<b>L18</b>		
Staging	MRI/CT	Indicated [B]
	PET	Specialised investigation [B]
	Endoscopic US	Specialised investigation [B]
<b>L19</b>		

COMMENT	DOSE
The majority of lesions will be identified by US.	0
Indicated if biochemical markers are elevated and US is negative or the liver is very cirrhotic. Enhanced MRI and arterial-phase CT are most accurate in delineating tumour extent.	0/III
MRI is probably the optimal investigation for assessing the involved segments and lobes. CT arterial portography and intra-operative US are useful where available.	0/III
US will reliably detect metastases > 2 cm and can guide biopsy.	0
Indicated when US findings are negative and clinical suspicion is high. MRI is better for characterising lesions. CT arterial portography is sensitive but not specific, but many now use triple-phase spiral CT techniques following IV enhancement. CT and MRI often form part of other staging and follow-up protocols.	III/0
Indicated when other imaging is equivocal, to exclude other metastatic disease prior to surgery.	IV
Much depends on local expertise and the patient's body habitus. US is usually successful in thin patients; CT is better in the more obese patient. Biopsy can be performed using US or CT. Endoscopic US is the most sensitive.	0/III
MRI for clarification of problems. MRCP or ERCP may also be needed. Interest in PET is increasing.	0/0/ II
Especially if radical surgery is contemplated. There is wide local variation: some centres use angiography; others, spiral CT.	0/III
Of use in cases where there is a significant possibility of distant spread.	IV
Should be reserved for those patients in a tertiary referral centre whose disease is deemed resectable on the basis of CT/MRI.	0

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>Colon and rectum</b>		
Diagnosis  L20	Ba enema/ colonoscopy	Indicated [B]
	CT	Specialised investigation [C]
Staging  L21	CXR, US	Indicated [B]
	CT, MRI	Indicated [B]
Follow-up  L22	US	Indicated [B]
	CT/MRI	Indicated [B]
	PET	Specialised investigation [A]
<b>Kidney</b>		
Diagnosis  L23	CXR	Indicated [C]
	US	Indicated [B]
	IVU	Not indicated [B]
	CT	Indicated [B]
	MRI	Specialised investigation [B]

COMMENT	DOSE
Much depends on local availability and expertise.	III/0
Increasing interest in CT, particularly in the elderly and infirm.	III
For pulmonary and liver metastases. Endoluminal US is useful for local rectal spread.	I, 0
Local pre-operative staging to assess rectal lesions before pre-operative radiotherapy. Many centres now treat liver secondaries aggressively, which may necessitate MRI and/or detailed CT. MRI and CT are often complementary; both can assess other abdominal spread. Interest in PET is increasing.	III, 0
For liver metastases. Preliminary evidence now supports routine imaging follow-up in asymptomatic patients.	0
For liver metastases and local recurrence.	III/0
PET is the best imaging technique for the evaluation of suspected local recurrence in patients with colorectal cancer and is of use in the assessment of patients prior to hepatic resection for metastases.	IV
To look for pulmonary metastases.	I
US is a sensitive detector of renal masses > 2 cm and accurately characterises masses as cystic or solid. US helps to characterise some masses indeterminate at CT.	0
Less sensitive than US for the detection of renal masses. However, this is the method of choice for detecting transitional cell carcinoma of the pelvicalyceal system or ureters.	II
A sensitive detector of renal masses 1.0–1.5 cm and accurately characterises masses.	III
Contrast-enhanced MRI is as sensitive as contrast-enhanced CT for detecting and characterising renal masses. MRI should be used if masses are not adequately characterised by CT and US or if iodinated contrast medium is contraindicated because of diminished renal function or allergy to iodinated contrast agents.	0

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Staging       <b>L24</b>	CT/MRI	Indicated [B]
	PET	Not indicated [C]
Recurrence       <b>L25</b>	CT	Indicated [B]
<b>Bladder</b>		
Diagnosis       <b>L26</b>	IVU	Indicated only in specific circumstances [B]
	US	Indicated only in specific circumstances [B]
Staging       <b>L27</b>	IVU	Indicated [B]
	CXR	Indicated [C]
	MRI	Indicated [B]
	PET	Specialised investigation [C]
<b>Prostate</b>		
Diagnosis       <b>L28</b>	US	Indicated [B]
Staging       <b>L29</b>	MRI	Specialised investigation [B]
	NM	Indicated [B]
<b>Testicle</b>		
Diagnosis       <b>L30</b>	US	Indicated [B]

COMMENT	DOSE
MRI is better at detecting advanced stages, e.g. renal vein involvement. CT and MRI are equivalent at staging T1 disease.	III/0
Current evidence with PET demonstrates no advantages for staging or detection of renal carcinoma.	IV
For symptoms suggesting relapse around nephrectomy bed. Routine follow-up is not recommended.	III
Cystoscopy is the investigation of choice to diagnose bladder tumours.	II
Not sufficiently accurate to assess small (< 5 mm) bladder tumours, but enables assessment of upper tract.	0
To assess kidneys and ureters for further urothelial tumours.	II
To look for pulmonary metastases.	I
Sensitive and specific and useful in invasive transitional cell carcinoma. CT is less specific than MRI, but of use if MRI is not practicable.	0
Role yet to be clarified.	IV
Some variation according to local availability and expertise. TRUS (transrectal ultrasonography) is widely used together with guided biopsies.	0
Some variation exists in the range of investigative and therapeutic policies. MRI with appropriate coils is sensitive for assessment before possible radical prostatectomy. Staging is continued into the abdomen when pelvic disease is found. CT is of no value for local staging.	0
To assess skeletal metastases, when PSA (prostate-specific antigen) is significantly elevated.	II
In suspected testicular malignancy and when presumed inflammatory disease does not respond to treatment	0



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b><i>Uterus: cervix</i></b>		
Diagnosis  L36	MRI	Indicated only in specific circumstances [B]
Staging  L37	MRI	Indicated [B]
	PET	Indicated only in specific circumstances [C]
Relapse  L38	MRI abdomen and pelvis	Specialised investigation [B]
<b><i>Uterus: body</i></b>		
Diagnosis  L39	US/MRI	Indicated [B]
Staging  L40	MRI	Indicated [B]
	CT	Not indicated [B]
<b><i>Lymphoma</i></b>		
Diagnosis  L41	CT	Indicated [B]
	NM	Specialised investigation [B]
Staging  L42	CT	Indicated [B]
	MRI	Indicated only in specific circumstances [B]
	PET	Specialised investigation [B]

COMMENT	DOSE
Usually a clinical diagnosis. MRI may assist in complex cases.	0
MRI provides better demonstration of tumour and local extent than CT, and is also better for pelvic nodes. Para-aortic nodes and ureters must also be examined. Some centres now use TRUS for local invasion.	0
PET is useful in difficult situations to define the extent of disease with accompanying image registration.	IV
MRI provides better information in the pelvis than CT. Biopsy (e.g. of nodal mass) is easier with CT.	0
MRI can give valuable information about benign and malignant lesions.	0/0
MRI is the optimum technique for staging endometrial carcinoma.	0
CT is of limited value for local staging and is therefore unlikely to affect management.	III
Diagnosis will usually be made by excision biopsy of a lymph node, but CT demonstration of extensive nodal enlargement may strongly suggest the diagnosis of lymphoma. For disease confined to the torso it will also allow the selection of a site for image-guided biopsy.	III-IV
Ga-67 can show foci of occult disease (e.g. mediastinum). PET is used in some centres.	II
Depending on the site of disease, the head and neck may also need to be examined.	III-IV
While MRI is not indicated routinely as an initial staging test, it shows nodal sites as well as CT and can image marrow burden of disease, which has prognostic implications.	0
FDG-PET is as accurate as CT.	IV



CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<p><b>Metastases from unknown primary tumour</b></p> <p>Diagnosis of primary lesion.</p> <p>‘Carcinoma, unknown primary’ is a diagnosis of exclusion and not a diagnosis in its own right. Histology review is key to identifying likely sites of primary tumours and treatable tumours, e.g. lymphomas, germ cell tumours, and head and neck primary tumours. The site of initially identified metastases determines the likely origin, e.g. disease in upper cervical lymph nodes is likely to come from head and neck primaries, disease in axillary lymph nodes from breast carcinoma, and cancer cells in ascites from ovarian carcinoma in women.</p> <p><i>(For breast disease see section J)</i></p> <p>L46</p>	CXR	Indicated [B]
	CT chest, abdomen, and pelvis	Specialised investigation [B]
	Mammography	Indicated only in specific circumstances [C]
	MRI breast	Specialised investigation [B]
	PET head and neck, supra-diaphragmatic, or whole body	Specialised investigation [C]

COMMENT	DOSE
CXR can help to identify the source of the occult primary.	I
CT is the most sensitive investigation in determining the primary site. This may allow effective treatment, e.g. for lung cancer, and palliation. It also allows entry into clinical trials and has unquantified psychological benefits to patient and doctor.	IV
Breast cancer survival is better from occult breast cancer metastases. Even in the presence of metastases, it is worthwhile to diagnose and treat cancer of the breast.	I
MRI may demonstrate a primary breast carcinoma with axillary lymph node metastases despite a normal mammogram and US.	0
After full work-up, including CT or MRI.	IV

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>M. Paediatrics</b>		
<i>(For head injury in children see section K)</i>		
<b>Central nervous system</b>		
Congenital disorders: head	MRI	Indicated [B]
<b>M01</b>		
Congenital disorders: spine	MRI	Indicated [B]
<b>M02</b>		
Abnormal head appearance: hydrocephalus	US	Indicated [B]
	SXR	Specialised investigation [C]
<b>M03</b>		
Epilepsy  <i>(See also A19)</i>	MRI	Specialised investigation [A]
	PET/NM/SPECT/rCBF	Specialised investigation [B]
	SXR	Not indicated [B]
<b>M04</b>		
Deafness in children	MRI and/or CT	Specialised investigation [C]
<b>M05</b>		
Hydrocephalus ?shunt malfunction	XR	Indicated [B]
	US/MRI	Indicated [B]
<i>(See also A10)</i>		
<b>M06</b>		
Developmental delay ?cerebral palsy	MRI	Specialised investigation [C]
<b>M07</b>		

COMMENT	DOSE
Definitive exam for all malformations, avoiding x-irradiation. CT may be needed to define bone and skull base anomalies. Sedation or GA may be required for infants and young children, and in some cases therefore CT may be preferred.	0
Definitive exam for all malformations, avoiding x-irradiation. CT may be needed to delineate bone detail. Sedation or GA may be required for infants and young children.	0
US indicated where anterior fontanelle is open. Where sutures are closed/closing, MRI is indicated (older children). CT may be appropriate if MRI is not available.	0
SXR and low-dose CT with 3-D reconstructions are indicated in craniostenosis.	I
Specialist clinical assessment and EEG investigation should usually be undertaken before MRI, unless there are signs of raised intracranial pressure or an acute neurological deficit. There is no routine indication for CT.	0
Useful in pre-surgical evaluation.	II-IV
Poor yield.	I
Both MRI and CT may be necessary in children with congenital and post-infective deafness.	0/II
XR should include whole valve system.	I
US if practicable; MRI in older children (or CT if MRI unavailable). Neurosurgeons may still want cross-sectional imaging even if US is performed. New programmable valves cause problems in MRI. US of abdomen is indicated if CSF (cerebrospinal fluid) collection is likely.	0/0
Remains a controversial area with regard to whom to screen and why. Further studies are needed to improve the accuracy of predicting patient outcome, particularly using newer MRI techniques of diffusion, spectroscopy, and functional imaging.	0

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Headache  (See also A06, A07, A13) <b>M08</b>	SXR	Not indicated [C]
	MRI/CT	Specialised investigation [B]
Sinusitis  (See also A13) <b>M09</b>	XR sinus	Indicated only in specific circumstances [B]
<b>Neck and spine</b>		
Torticollis without trauma  <b>M10</b>	XR	Indicated only in specific circumstances [B]
	CT	Indicated only in specific circumstances [B]
	US	Indicated [B]
Back pain  (See also C07-C08) <b>M11</b>	MRI/CT	Indicated [B]
Spina bifida occulta  <b>M12</b>	US/MRI	Not indicated [C]
Hairy patch, sacral dimple  <b>M13</b>	US/MRI	Indicated only in specific circumstances [B]
Neonatal hypothyroidism  <b>M14</b>	NM	Specialised investigation [B]

COMMENT	DOSE
If headache is persistent or associated with clinical signs, refer patient for specialised investigations.	I
In children MRI is preferable if available because of absence of x-irradiation.  <i>(See A06 for possible meningitis and encephalitis, and see also A07 and A13)</i>	0/II
Not indicated at < 5 years old as the sinuses are poorly developed; mucosal thickening can be a normal finding in children.	I
Muscular causes are most common, but when history and examination are atypical, XRs are advised.	I
Persistent torticollis for one week justifies further imaging following consultation.	II
In congenital torticollis, US of neck muscles is a useful diagnostic tool in confirming sternocleidomastoid tumour in infants. If US is negative, XR and cross-sectional imaging are indicated.	0
Persistent back pain in children may have an underlying cause and justifies investigation. Choice of imaging following consultation. Back pain with scoliosis or neurological signs merits MRI/CT.	0/II
A common variation and not in itself significant. Investigation is only indicated if neurological signs are present.	0/0
Isolated sacral dimples and pits may be safely ignored (< 5 mm from midline; < 25 mm from anus). US of the neonatal lumbar spine and canal is the initial investigation of choice if there are other stigmata of spinal dysraphism or associated congenital abnormalities, e.g. cloacal exstrophy anorectal malformation spectrum (CEARMS). MRI is indicated if neurological signs are present, or there is a discharging lesion.	0/0
Tc-99m or I-123 thyroid scintigraphy is the most accurate diagnostic test to detect thyroid dysgenesis or one of the inborn errors of T4 synthesis in patients with congenital hypothyroidism.	II

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>Musculoskeletal</b> Non-accidental injury / child abuse	Skeletal survey	Indicated (age 0–2 years) [A]
(For head injury see section K) <b>M15</b>	NM	Indicated [B]
Limb injury: opposite side for comparison <b>M16</b>	Comparison XRs of the joint on the contralateral side	Not indicated [B]
Short stature, growth failure <b>M17</b>	XR for bone age	Indicated [A]
Irritable hip  (See also M19, M21) <b>M18</b>	US	Indicated [B]
	XR	Not indicated initially [C]
Limping    <b>M19</b>	US	Indicated [B]
	XR	Not indicated initially [B]
	MRI	Specialised investigation [C]
	NM	Not indicated initially [B]

COMMENT	DOSE
Age 0–2 years, CT of the head is mandatory. Age 3–5 years, XR clinically suspicious area. Age > 3 years skeletal survey is not generally indicated, as children >3 years can usually describe where pain is located. Examinations should be performed by radiographers trained in paediatric radiographic techniques.	II
Bone scintigraphy is indicated in children > 2 years if the skeletal survey is equivocal. Abnormal bone findings must always be correlated with clinical history, physical examination, and pertinent XRs.	II
Seek radiological advice.	I
Child aged 1 year and over: left (or non-dominant) hand/wrist only.  XR may need supplementing with further specialised investigations. Skeletal scintigraphy if dysplasia is suspected. MRI of hypothalamus-pituitary fossa if central hormone failure is a possibility.	I
US will confirm presence of an effusion but will not discriminate sepsis from transient synovitis.	0
XR, which may include a frog lateral view, is required if slipped upper femoral epiphysis or Perthes' disease is suspected or if symptoms persist. If symptoms persist, then follow-up should be as for the limping child	I
US will confirm the presence of an effusion but will not discriminate sepsis from transient synovitis.	0
Children with a limp need proper clinical assessment. If pain persists, or localising signs are present, XR is indicated.	I
Should be used after discussion with radiologist.	0
XR and US should be performed before NM. NM is useful for localisation when XR and US are normal. The age of the child is an important factor in limiting the diagnostic possibilities.	II

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Focal bone pain  <b>M20</b>	XR	Indicated [B]
	NM	Specialised investigation [B]
	MRI	Specialised investigation [C]
	US	Specialised investigation [C]
Clicking hip: dislocation <b>M21</b>	US	Indicated [A]
Osgood-Schlatter disease <b>M22</b>	XR	Indicated only in specific circumstances [C]
<b>Cardiothoracic</b>		
Acute chest infection <b>M23</b>	CXR	Indicated only in specific circumstances [A]
Recurrent productive cough <b>M24</b>	CXR	Indicated only in specific circumstances [C]
Cystic fibrosis <b>M25</b>	NM	Indicated only in specific circumstances [B]
Inhaled foreign body (suspected)  (See also section K27, K28 and B06) <b>M26</b>	CXR	Indicated [B]
Wheeze  (See also M26) <b>M27</b>	CXR	Indicated only in specific circumstances [B]

COMMENT	DOSE
XR should be the first-line investigation, though MRI and NM are more sensitive than XR in detecting occult infection or fracture.	I
XR should be obtained initially. Skeletal scintigraphy is useful if pain is not well localised. A negative multiphasic study does not exclude active arthritis.	II
Particularly useful if the child can localise the site of the pain.	0
US can detect occult infection.	0
US is indicated where there is clinical doubt about developmental dysplasia of the hip but not for routine screening. XR may be necessary in the older child.	0
Although bony radiological changes are visible in Osgood-Schlatter disease, these overlap with normal appearances. Associated soft tissue swelling should be assessed clinically rather than radiographically.	I
CXR indicated if symptoms persist despite treatment or in severely ill children. If CXR is performed and demonstrates simple pneumonia, routine follow-up CXR is not required.	I
In general, children with recurrent productive cough have CXRs which are normal or show peribronchial thickening. Routine follow-up CXR is not indicated unless atelectasis is seen on initial CXR. Suspected cystic fibrosis or immune deficiency require specialist referral.	I
Perfusion lung scintigraphy is useful in selected cases, especially if surgery is contemplated.	II
CXR is indicated, though often normal. If there is clinical suspicion of an inhaled foreign body, bronchoscopy is mandatory.  While air trapping is the most common sign seen in patients with inhaled foreign bodies, it is seen infrequently and the routine use of expiratory XRs is not warranted. Fluoroscopy is often a better and easier alternative to expiratory XR.	I
In most children with wheeze, the CXR is either normal or shows features of uncomplicated asthma or bronchiolitis, such as hyperinflation or peribronchial cuffing. In selected cases, such as those with fever or localised crackles, the CXR may be useful in guiding patient management.	I

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Acute stridor  M28	Lateral XR soft tissue neck	Indicated only in specific circumstances [B]
Heart murmur  M29	CXR/US	Indicated only in specific circumstances [C]
<b><i>Gastrointestinal</i></b>		
Intussusception  M30	US-guided or fluoroscopy-guided hydrostatic/pneumatic reduction	Indicated [A]
Swallowed foreign body  (See also B06, K27-K29) M31	AXR  CXR, including neck	Indicated only in specific circumstances [C]  Indicated [B]
Blunt abdominal trauma  M32	AXR	Indicated only in specific circumstances [B]
	US	Indicated only in specific circumstances [B]
	CT	Specialised investigation [B]
Projectile vomiting in infants  M33	US	Indicated [A]

COMMENT	DOSE
Epiglottitis and croup are clinical diagnoses. Lateral neck XRs may be of value in children with a stable airway in whom an obstructing foreign body or retropharyngeal abscess is possible.	I
Specialist referral is needed; cardiac US may be indicated.	I/0
US has high sensitivity in diagnosing intussusception but is operator-dependent. It is useful in assessing blood flow and identifying lead points and small bowel intussusceptions.  Pneumatic reduction has a higher success rate than traditional hydrostatic reduction. However, there is a slightly higher risk of perforation (approximately 1%).  Absolute contraindications are perforation, shock, and peritonitis.	0/II
Only for sharp or potentially poisonous foreign body, e.g. battery.	I
If there is doubt whether the foreign body has passed, an AXR after six days may be indicated.	I
Clinical assessment of the patient should be used to determine which patients require further evaluation by imaging. AXR is of limited use after minor trauma unless there are positive physical signs suggestive of intra-abdominal pathology or injury to the spine or bony pelvis.	I
US may be used to search for the presence of free fluid following blunt abdominal trauma, but a negative examination does not exclude the presence of intra-abdominal injury.	0
CT with IV contrast remains the primary imaging investigation of choice to detect the presence and extent of intra-abdominal injuries following blunt abdominal trauma, and will guide the level or intensity of hospital and post-discharge management of the patient. US may be useful in the follow-up of known organ injuries, to reduce the total radiation burden to the patient.	III
US can confirm the presence of hypertrophic pyloric stenosis, especially where clinical findings are equivocal.	0







NB Dosages will vary with fluoroscopy time, and this depends on the degree of complexity of each case

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
<b>N. Interventional radiology</b>		
Asymptomatic carotid disease (See also B05) N01	Endovascular (angioplasty and stents) management	Indicated only in specific circumstances [C]
Symptomatic carotid disease N02	Percutaneous balloon angioplasty and stent placement	Indicated only in specific circumstances [B]
Pulmonary embolus N03	Insertion of IVC filter	Indicated only in specific circumstances [B]
Pulmonary arteriovenous malformation (AVM) N04	Pulmonary angiography and embolisation	Specialised investigation [B]
	CT	Specialised investigation [B]
	CXR	Indicated [B]
	MRI brain	Specialised investigation [C]
	MRI thorax	Specialised investigation [C]
<i>Continued</i>		

COMMENT	DOSE
Critical appraisal of the literature reveals a need for further studies.	III
The recommended treatment for the majority of patients remains endarterectomy. Potential indications for endovascular treatment include unsuitability for endarterectomy, status post radiotherapy, surgical restenosis, high lesions, or circumstances where treatment is closely audited or part of structured research in an experienced unit.	III
In the presence of known lower limb and/or pelvic venous thrombosis the insertion of an IVC (inferior vena cava) filter is only indicated if there are proven pulmonary emboli despite adequate anticoagulation, or when anticoagulation is contraindicated.	II
A prerequisite to other diagnostic intervention at the time of treatment by embolisation.	III
May be useful in the diagnosis of pulmonary AVMs. Non-contrast helical study is usually all that is needed. Some centres recommend this study prior to treatment by embolisation in order to measure feeding vessels and assess anatomy.	III
CXR is indicated when this diagnosis is suspected and to assess response to treatment. Follow-up assessment is initially performed six-monthly or yearly after embolisation and then five-yearly if no growth. CXR is also indicated as a screening tool in relatives of patients with pulmonary AVMs associated with hereditary haemorrhagic telangiectasia.	I
To look for evidence of previous paradoxical cerebral embolisation in patients with pulmonary AVM diagnoses. MRI is also used to look for evidence of cerebral AVMs in patients with associated hereditary haemorrhagic telangiectasia.	0
As an alternative to thoracic CT, to confirm diagnosis of pulmonary AVMs. MRI thorax may be useful for diagnosis, but is not necessary in the majority of patients.	0

N. Interventional radiology

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Pulmonary arteriovenous malformation (AVM) <i>Continued</i>  N04	NM	Specialised investigation [B]
	US	Specialised investigation [C]
Abdominal aortic aneurysms N05	Insertion of stent-grafts	Specialised intervention [B]
Leg ischaemia (claudication, rest pain with or without tissue loss) with iliac stenotic disease N06	Primary angioplasty plus selective stenting	Indicated [A]
Leg ischaemia (claudication, rest pain with or without tissue loss) with iliac occlusive disease N07	Iliac stent placement	Indicated [B]
Leg ischaemia (claudication, rest pain with or without tissue loss) with femoral occlusive disease N08	Superficial femoral/ popliteal artery angioplasty	Indicated [B]
Leg ischaemia (claudication, rest pain with or without tissue loss) with tibioperoneal occlusive disease. N09	Tibioperoneal trunk angioplasty	Indicated [B]
Severe acute GI bleeding from unknown source requiring continuous substitution N10	Endoscopy/ DSA with or without embolisation	Specialised intervention [C]

COMMENT	DOSE
Perfusion scintigraphy is performed with Tc-labelled macroaggregates for measurement of right to left shunt. It is useful for diagnosis and follow-up assessment after treatment.	II
Research tool only at present. Doppler US of carotids or cardiac chambers is performed after IV injection of agitated saline or US contrast agent to determine presence of right to left shunt. It is useful for diagnosis.	0
Endovascular repair of abdominal aortic aneurysms is a procedure that should only be performed in specialist units.	III
The decision to place a stent following angioplasty depends on a number of factors, one of which is a residual pressure gradient across the treated area. The exact pressure gradient after PTA (percutaneous transluminal angioplasty) that mandates stent placement is unknown. In general, a mean pressure gradient of 10 mm Hg is considered appropriate.	III
The policy of primary stenting for iliac occlusive disease is accepted.	III
PTA of the superficial femoral and popliteal arteries is effective for restoring patency in the short term, but repeat angioplasty can be performed to avoid the need for surgical bypass. Primary clinical success rates are inferior to those of surgical bypass grafts.	III
When there is a suitable lesion in the tibioperoneal trunk, angioplasty should be the first-line treatment in patients with critical ischaemia and claudication.	III
Stabilising the patient is a priority. Endoscopy is the first-line intervention.  If endoscopy is negative or unsuccessful, DSA and embolisation follow immediately. However, the patient must be actively bleeding as contrast extravasation is the only diagnostic sign to locate a source. Unsuccessful embolisation indicates surgery.	0/III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Variceal haemorrhage  N11	TIPS	Indicated only in specific circumstances [A]
Ascites due to portal hypertension  N12	TIPS	Indicated only in specific circumstances [B]
Acute massive lower GI haemorrhage  N13	DSA and/or embolisation	Indicated [B]
Chronic or recurrent upper GI haemorrhage (See also G05)  N14	DSA and/or embolisation	Specialised intervention [C]
Chronic mesenteric ischaemia  N15	Superior mesenteric artery PTA/superior mesenteric artery stenting	Indicated [B]
Subphrenic abscess  N16	US-/CT-guided percutaneous drainage of subphrenic abscess	Indicated [C]
Pelvic abscess  N17	CT-/US-guided catheter drainage	Indicated [B]
High biliary obstruction (intrahepatic ducts or upper half of extrahepatic bile duct)  N18	Percutaneous transhepatic cholangiography	Indicated [B]
Low biliary obstruction (lower half of extrahepatic bile duct or pancreatic duct)  N19	Percutaneous transhepatic cholangiography	Indicated [B]

COMMENT	DOSE
Endoscopic therapy should be the first-line treatment for bleeding varices, with TIPS (transjugular intrahepatic portosystemic shunt) reserved for treatment failures. Surgical portosystemic shunting is more durable and may be preferred in medically fit patients.	III
TIPS is of limited efficacy and is associated with substantial mortality, particularly in Child's grade C liver disease and/or renal impairment.	III
DSA and embolisation is safe and effective when GI bleeding is life-threatening.	III
Only undertaken after appropriate imaging. Recurrent blood loss can be investigated with DSA and/or NM (red cell) study.	III
In carefully selected patients mesenteric artery PTA can be performed relatively safely with good technical and clinical results. Superior mesenteric artery stenting can improve the result of angioplasty and may become the therapy of choice in ostial superior mesenteric artery stenosis.	III/III
US is the best technique for draining subphrenic abscesses as it allows an angled approach and real-time imaging. CT may also be helpful in that it may provide a more detailed road map including accurate localisation of the pleural space.	0/III
Percutaneous-transperineal, -transsciatic, -transrectal, and -transvaginal routes are all effective in the treatment of pelvic abscess. The presence of an enteric fistula is a risk factor for failure.	III/0
Choice of endoscopic or transhepatic route for cholangiography may depend on local expertise. Percutaneous drainage is not recommended as a long-term option due to catheter problems such as peri-drain leak, drain displacement, and cholangitis. For surgical reconstruction percutaneous transhepatic cholangiography may be more valuable than endoscopic retrograde cholangiography since it defines the anatomy of the proximal biliary tree.	III
Preference for transhepatic or endoscopic retrograde cholangiography may depend on local expertise.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Actual or suspected acute calculous or acalculous cholecystitis N20	Percutaneous transhepatic or transperitoneal cholecystostomy	Indicated [B]
Hypertension due to fibromuscular dysplasia N21	Renal PTA with or without stent	Indicated [B]
Hypertension due to atherosclerotic renal artery stenosis N22	Renal PTA with or without stent	Indicated only in specific circumstances [A]
Renal failure due to atherosclerotic renal artery stenosis N23	Renal PTA with or without stent	Indicated only in specific circumstances [B]
Flash pulmonary oedema due to atherosclerotic renal artery stenosis N24	Renal PTA with or without stent	Indicated [B]
Renal calculi N25	Percutaneous nephrolithotomy	Indicated [C]
Varicocele N26	Embolisation of varicocele	Indicated [A]
Abdominal trauma with acute GI bleeding with or without retroperitoneal or intraperitoneal haemorrhage (See also K34-K37) N27	DSA/ embolisation	Specialised intervention [C]
Embolisation for uncontrolled haemorrhage after pelvic fracture N28	Pelvic embolisation	Indicated [A]

COMMENT	DOSE
Percutaneous transhepatic or transperitoneal cholecystostomy is appropriate in the diagnosis and management of actual or suspected acute calculous or acalculous cholecystitis in high-risk patients.	III
Renal PTA in a specialist centre is indicated.	III
Hypertension due to atherosclerotic renal artery stenosis should be treated by medical therapy. Renal PTA/stenting may be beneficial in selected patients with uncontrollable hypertension.	III
Indications for renal PTA/stenting are not established. These procedures should only be performed after careful patient selection in specialist centres.	III
Renal PTA/stenting should be considered in patients with recurrent pulmonary oedema with tight bilateral renal artery stenosis or stenosis in a single kidney.	III
Percutaneous nephrolithotomy is generally accepted as the first-line treatment for renal stone 3 cm or more in maximum diameter, as well as with certain anatomical abnormalities such as calyceal diverticula and rotated/ectopic kidneys, and in morbidly obese patients, when other treatment modalities have failed.	III
Embolisation is effective in the management of varicocele, either for subfertility or for symptoms, and is associated with fewer complications than surgery.	III
Intervention when the patient is stable. The patient must be actively bleeding as contrast extravasation is essential for the source of haemorrhage to be located by DSA. Embolisation or surgery may follow as appropriate.	III
Patients with pelvic fracture who remain haemodynamically unstable after initial resuscitation should undergo diagnostic pelvic angiography with embolisation if a source of arterial bleeding is identified.	III

CLINICAL/DIAGNOSTIC PROBLEM	INVESTIGATION	RECOMMENDATION [GRADE]
Pulmonary mass: diagnosis   <b>N29</b>	Fluoroscopic lung biopsy	Specialised intervention [B]
	CT-guided lung biopsy	Specialised intervention [B]
	US-guided lung biopsy	Specialised intervention [B]
Mediastinal mass (non-vascular)   <b>N30</b>	CT-guided biopsy	Specialised intervention [B]
	US-guided biopsy	Specialised intervention [B]
Vena caval obstruction   <b>N31</b>	SVC/IVC stent placement	Specialised intervention [B]
Percutaneous gastrostomy required for enteral nutrition <b>N32</b>	Percutaneous gastrostomy	Specialised intervention [B]
Focal liver lesion(s) requiring biopsy <b>N33</b>	CT-/US-guided biopsy	Indicated [B]
Unresectable liver tumours <b>N34</b>	Radiofrequency ablation	Specialised intervention [B]

COMMENT	DOSE
Fluoroscopic lung biopsy in appropriately selected cases and performed by experienced operators has a low complication rate and high diagnostic yield for pulmonary malignancy.	III
CT-guided lung biopsy is an accurate means of obtaining a diagnosis of malignancy or benign disease (if a cutting needle is used) in patients with large or small pulmonary nodules.	III
For appropriately selected patients with pulmonary lesions abutting the chest wall, US-guided biopsy is a safe and accurate method of obtaining a tissue diagnosis.	0
CT guidance can be used to aid biopsy of anterior, middle, and posterior mediastinal masses.	III
The majority of anterior mediastinal masses can be safely and accurately biopsied using US guidance. Alternative biopsy routes to the parasternal approach such as a supraclavicular approach may be helpful.	0
Patients with malignant SVC/IVC obstruction are often frail and have a short life expectancy. Their symptoms are distressing and are usually incompletely relieved by radiotherapy. SVC/IVC stenting is a simple palliative procedure performed under local anaesthesia. Following stenting, most patients will remain asymptomatic. Symptomatic recurrence occurs in about 10% of patients and is usually amenable to repeat treatment. Early referral is preferable as extensive venous thrombosis complicates treatment. Stenting should be the first-line treatment of malignant SVC/IVC obstruction caused by cancers that do not respond quickly to chemotherapy or radiotherapy. Alternatives to stenting (angioplasty and surgery) should be considered in patients with benign strictures and those with a long life expectancy.	III
There is little to choose between percutaneous and endoscopic placement of gastrostomy catheters. The technique of choice may be dependent on the local expertise available.	III
The guideline assumes normal coagulation indices. Image guidance is dependent on local expertise.	III/0
Radiofrequency ablation should be used in patients with a small number of accessible liver tumours unsuitable for hepatic resection.	III



## Specialty groups

Association of Chest Radiologists  
British Society of Thoracic Radiologists  
British Society of Nuclear Medicine  
British Society of Gastroenterology  
British Society of Interventional Radiology  
British Society of Neuroradiologists  
British Medical Ultrasound Society  
British Society of Paediatric Radiologists  
British Society of Skeletal Radiologists  
Cardiovascular & Interventional Radiological Society of Europe  
Dental Radiology Group  
European Association of Nuclear Medicine  
European Society of Breast Imaging  
European Society of Cardiac Radiology  
European Society of Gastrointestinal & Abdominal Radiology  
European Society of Head & Neck Radiology  
European Society of Thoracic Imaging  
European Society of Neuroradiology  
European Society of Musculoskeletal Radiology  
European Society of Paediatric Radiology  
European Society of Urogenital Radiology  
Magnetic Resonance Radiologists Association UK  
RCR Cardiac Radiology Group  
RCR Breast Group  
RCR Clinical Directors' Group  
RCR Interventional Radiology Sub-Committee  
RCR Nuclear Medicine Sub-Committee  
RCR Paediatric Group  
RCR/RCOG Intercollegiate Standing Committee on  
Obstetric Ultrasound  
RCR/RCP Intercollegiate Standing Committee on  
Nuclear Medicine  
SIG in GI and Abdominal Radiology (SIGGAR)  
UK Children's Cancer Study Group  
UK Neurointervention Group